

# 2019 Tilth Alliance May Edible Plant Sale

## Herb and Flower Plant List



Updated 4/22/2019

*Please be aware that we may not have all of the varieties listed in this document at the 2019 May Edible Plant Sale. Occasionally, the growers will experience a crop failure or the plants will be too small to sell. We apologize for any inconvenience this may cause.*

All our vegetable starts are organically grown and/or Certified Organic in Washington State by Cascade Cuts in Bellingham, Rent's Due Ranch in Stanwood, Sunseed Farms in Acme, Cascadian Edible Landscapes in Auburn, The Root Cellar Farm in Onalaska, Oxbow Farm in Carnation, Dirty Knees Nursery in Bellingham, and The Growing Garden in Bellingham.

### Edible Flowers

#### Alyssum

##### Mixed Colors

Lobularia maritima. You may know that alyssum has a light honey-like fragrance and that it blooms non-stop all summer with little care but have you ever tasted Alyssum? Well it doesn't taste like much but it sure looks pretty decorating summer cakes, fruit salad a bowl of ice cream! The young leaves, stems and flowers are all edible plus they attract all kinds of beneficial insects to the garden. How can you go wrong? Grows to 6" tall and spreads up to a foot.

#### Bachelor Buttons

##### Polka Dot

A cheerful mix of red, blue, pink, white, plum and lavender on 2 foot tall slender plants, these pollinator power plants can fit into nooks and crannies of your garden. Edible too! Toss them into summer salads or add to celery and peanut butter sticks for a colorful garnish. Bloom for a long time.

#### Bellis

##### Super Enorma Mixed

A beautiful mix of large flowered and colorful English Daisy flowers to perk up your garden. Add to your veggie beds to bring in early pollinators or tuck into a container with other spring bloomers. Add the flowers to a salad or top a birthday cake! **NEW FOR 2019!**

#### Borage

##### Borago officinalis

The bright blue, star-shaped flowers (which bloom most of the summer) make borage one of the prettiest herb plants. The leaves are large and leathery and covered in soft spikes. The flavor of the leaves and flowers resembles that of cucumber. The plant will grow to a height of about 18 inches, and spread about 12 inches. Beloved by bumble bees.

#### Calendula

##### Alpha

Bright orange Gerbera like flowers on 30 inch plants are a delight in any garden. The petals of this beauty have a high resin content making them perfect for mixing into hand creams. Great as cut flowers and reseed easily for more flowering

##### Neon

Glowing orange with burgundy tips, 'Neon' is a fabulous addition to your garden. Mix it in with your fruiting plants to attract pollinators straight to your squash and tomatoes. Cut for bouquets or trim flowers to dry and add to homemade lotions.

## **Pacific Mix**

A riot of yellows, oranges and blends in between to spice up your garden. Add to veggie beds to encourage pollinators. Fill containers and blend with other summer annuals. Self seeding annual will come back in unpredictable colors next year. Great for adding to salads for colorful toppings and to egg salad for a tasty and colorful treat.

## **Resina**

One of the most resinous Calendula varieties, great for harvesting for salves and lotions. Beautiful cheery yellow and sometimes orange flowers bloom all summer long. Also great for use as a dye plant.

## **Strawberry Blonde**

A lovely pink variety from Wild Garden Seeds in Oregon. Dark red backsides on the petals and a dark central eye provide contrast to the lovely pastel pink and yellow petals.

## **Triangle Flashback**

Great cut flowers or colorful additions to a festive cake batter, the undersides of these petals are dark burgundy with the tops are a mix of white, apricot, orange and yellow. Plants can reach 14-24 inches tall.

## **Dianthus**

### **Everlast Burgundy Blush**

Fragrant and striking burgundy red flowers cover the lovely perennial gray- green leaves all season long. Great for cutting, attractive to beneficial insects. The mounded form grows to 12 inches high and wide.

### **Everlast Dark Pink**

What a charmer! Mounding to 12 inches high with an equal spread. This Dianthus bears bright pink double flowers in the spring. Stays in bloom for a long time and then will rebloom again in cooler weather in the fall. Cold hardy so good for wintering over as a perennial.

### **Everlast Lilac Eye**

Another great mounding Dianthus growing to 12 inches tall with an equal spread. Combine this with Everlast - Dark Pink for a stunning display in a pot or incorporate into the veggie bed for use as an edible flower or a pollinator plant. A double lilac pink bloom with a deep red eye. This one reblooms when the weather turns cooler in the fall.

## **Firewitch**

This hybrid has blue foliage and bright magenta single flowers. It is also heat-tolerant, long-flowering, and attracts hummingbirds. Even after flowering, the intensely colored low-growing foliage makes a great color foil in the garden. For best results, plant dianthus in bright light with well-drained soils. It was selected as the 2006 Perennial Plant of the Year by the PPA.

## **Pink Kisses**

Another wonderfully fragrant Dianthus with dark pink centers rimmed by pale pink edges. Grows 10 inches wide and up to 16 inches tall. Attractive to beneficial insects and good for cut flowers.

## **Marigold**

### **Bonanza Deep Orange**

Classic orange French marigold - grows ten inches tall and eight inches wide with an upright form. Great for attracting beneficial insects, cheers up the garden edges and loves containers! Try tossing a few flowers worth of petals on top of a fresh summer salad for a tasty and colorful treat.

### **Bonanza Mix**

The double flowers of Bonanza Mix are the largest of this type, a huge, 2 to 2.5 in. across and available in a wide range of pure, intense colours. Bonanza is faster to flower than other double French marigolds. These plants are excellent performers under a wide range of conditions.

### **Brocade**

Marigolds are a joy in the garden and Brocade offers a blend of oranges, yellows, and reds to cheer up any spot you place it. Great for containers and fun for kids to grow. Marigolds are spicy accents to a green salad or beautiful topping a BBQ potato salad. Pollinators love them and they will help keep pests at bay by attracting beneficial insects too. **NEW FOR 2019!**

### **Creamy White**

Beautiful pale creamy white flowers top 24 inch plants. The three inch flowers make great attractors for all types of pollinators and a lovely addition petal by petal to a summer dinner salad. Add to the tomato bed to bring the bees in! **NEW FOR 2019!**

### **Lemon Gem**

A cheerful single yellow marigold that is perfect for tucking into the ends of your garden beds. Adds a splash of color while also attracting beneficial pollinators and predatory insects. Grows to about a foot tall and wide. Lovely to brush against when tending the garden when it releases its citrusy scent. Set a single cheerful flower on top of a chocolate frosted cupcake for a festive event.

### **Mexican Mint**

Small single orange flowers cover this old variety of Marigold all summer long. Perennial in warmer climates. Tarragon like flavor makes it a decent substitute for French Tarragon with its licorice like flavor. Use fresh - add to soups, chicken salad, use for tea. Both foliage and flowers are used - let the plant reach a good size before beginning to harvest. Known also as Mexican Tarragon. Also attracts pollinators.

### **Mister Majestic**

This delightful mahogany-on-gold striped marigold is a Scottish heirloom variety. The bushy 10-12 inch tall plants are crowned with masses of bright flowers that if deadheaded, will bloom until frost. Classic border marigold in raised beds and makes a wonderful addition to containers too.

### **Red Gem**

A lovely complement to the lemon and tangerine gem series with cheerful red flowers on citrus scented foliage. Add to sunny containers, scatter through your edible beds to attract beneficial insects. The flowers are a lovely decoration for a potato or mac summer salad. **NEW FOR 2019!**

### **Red Marietta**

Very colorful 12 inch plants are covered in flowers all summer. Two inch blooms are red and orange in varied patterns. Use the flowers in salads, use to decorate around grilled meat when serving. Beneficial insects love marigolds. You can never have too many!

### **Tangerine Gem**

Lacy, compact and very fragrant, this single flowering marigold is adorable! It is dwarf and easy to fit in containers or small beds amongst vegetables. Plants are covered in edible little tangerine orange blooms that are perfect for throwing on a salad.

### **Nasturtium**

#### **Alaska**

An attractive nasturtium variety with variegated leaves and flowers. Flowers can be yellow, orange or dark red and are edible. A must for any veggie garden. Prefers full sun and will tolerate poor soil. Tasty in salads and as wraps for appetizers.

#### **Caribbean Cocktail**

This peppery mix blends pink, cream, and raspberry red into a carpeting mix perfect for the edges of your veggie garden. Bringing in bumble bees to help pollinate your tomatoes, nasturtiums also offer a tasty addition to your salad mix. Growth tops out at about 12 inches.

### **Empress of India**

Beautiful deep red blossoms set off the blue green foliage on this mounding variety of nasturtium. Flowers and leaves are edible and have a peppery watercress flavor. No summer salad or potluck dish should be served without an adornment of these cheery blooms.

### **Jewel Mix**

These easy-to-grow plants produce colorful double blooms in light yellow, orange and deep red, and bloom until frost. A nice compact nasturtium for smaller yards and flower boxes.

### **Kaleidoscope**

Climbing or trailing in a riot of colors, reds, yellows, oranges, creams including some bi-colored swirls. Great for attracting bees and other pollinators. Wrap the flowers around soft cheese and dates for a tasty appetizer. Blend minced flowers into butter and don't forget the leaves are edible too. **NEW FOR 2019!**

### **Moonlight**

Robust trailing nasturtium can get up to 7 feet long! Covered in glowing creamy yellow flowers. Bumble bees love them and they are tasty used as shells to stuff for summer appetizers. Toss on top of your salad, add to chicken or tuna salad sandwiches.

### **Night & Day**

Lovely contrasting light yellow and burgundy flowers. Grow with little input and attract many pollinators. Perfect for planting along bed edges so they can tumble down to the ground.

### **Trailing**

Garden nasturtium is an attractive flowering plant that is commonly grown in as an ornamental. However, the entire plant is also edible. The leaves and flowers are peppery flavored like watercress and are used in salads and as a garnish. The green pods are made into pickles, which are equal to or superior to pickled capers. Nasturtiums originated in South America. Trailing nasturtiums make a great addition to hanging pots!

### **Nigella**

#### **Exotic**

This 16 inch tall annual will keep you in a profuse display of delicate and lacy plants with exotic blue flowers during the summer. Tasty as a flower or seed, trim a few to eat, cut some for flower arrangements and leave some to seed and come back next year. The seed pods are also attractive when left to dry.

#### **Persian Jewels**

Also called Love-In-a-Mist, Nigella is a beautiful addition to any flower or herb garden. Blue to purple flowers hover in the mist of feathery foliage. Seed pods add interest to dried arrangements while the black seeds (known as black cumin) enclosed have a pungent flavor and is used in cooking.

#### **Sativa (Black Cumin)**

This one foot lacy beauty bears sky blue flowers which are followed by aromatic black seeds. Use as a flavoring for pickles, breads and curries, and even sweet desserts like cakes. Has a nutmeg like taste. Self sows easily or collect the seed and share! Plant in swaths with poppies and flax for a wildflower border on your urban farm.

### **Sunflower**

#### **Arikara**

This giant ten foot tall sunflower towers over your garden, attracting pollinators and birds to its bright yellow flowers with a black center. Native to the Americas and used by the Arikara Nation in North Dakota. Multi flowering stems. Let the seeds develop to harvest or feed the birds on high. **NEW FOR 2019!**

## **Big Smile**

Sure to please everyone in the family, this beauty grows to only two feet in the garden so your small ones can get up close and personal. Great for containers where it will reach a foot and half. Sporting 3 to 6 inch blooms of sunny gold with a black center. **NEW FOR 2019!**

## **Chocolate**

Growing from 4 -5 feet, 'Chocolate' sunflower has a multi stemmed branching habit with lots of flowers for cutting. Combine with Amarnath 'Coral Fountain' and some tall white Cosmos for a spectacular summer bouquet. Great for bee forage. **NEW FOR 2019!**

## **Florenza**

This sunflower grows into the 5 to 6 foot range and has long stems with few leaves bearing yellow and maroon flowers with black centers. Slight chocolate fragrance adds to the charm. Great for cut flowers or for pollinator gardens. **NEW FOR 2019!**

## **Goldy**

A five to six foot tall sunflower with bright golden and fully double flowers. Many double sunflowers are sterile and not good for bees but 'Goldy' fully supports pollinators. Great for bouquets and just general conversation pieces in the garden. **NEW FOR 2019!**

## **Solar Chocolate Gold**

A lovely container variety of sunflower with bushy plants growing to two feet tall max. Covered in pollen free flowers that fill a two foot wide swath. The yellow petals and dark brown centers make a strong statement as a containerized planting. Use them on your back deck near your outdoor dining table – no pollen = no bees.

## **Mammoth**

Fascinating plant for children. Giant plants produce huge flowers and seed heads. Tall plants make excellent summer privacy screen or background plants. Birds love the seeds. Fairly heavy feeder-likes an alkaline soil.

## **Viola**

### **Mixed Colors**

Cheerful, colorful, edible and fragrant, pansies and violas are a great addition to the spring garden. Tuck into a rockery, use as an edging plant, or in cluster them in containers filled with spring bulbs. Grow a colorful, edible pot full for your special dinner salads.

## **Herbs**

### **Agastache**

#### **Licorice Mint**

Lovely herbaceous perennial grows to 4' when in flower. Flowers are pale lavender and attract bees, butterflies and hummingbirds. Blooms mid-summer and make good cut flowers. Leaves taste like a combination of mint and licorice and are great for tea or infusing in milk for a tasty anise-vanilla ice cream. Full sun.

### **Artemesia**

#### **Sweet Annie**

An extremely aromatic herb, Artemesia is wonderful in the garden and as filler for flower arrangements. Plant can grow to 4' and has barely noticeable yellow flowers in the summer. Artemesia annua or Quinghao, has been used for centuries in Chinese medicine. Recently it has been discovered to be an effective anti-malarial drug. Full sun.

## **Basil**

### **Amethyst**

Stunning deep purple, almost black leaf of a Genovese style plant 16-20 inches tall. The curved edge leaves have lots of flavor. Beautiful to tuck into edible ornamental containers on your patio.

### **Cinnamon**

Vigorous growth, with a purplish veining on its leaves, and a distinctive cinnamon scent. Use in Middle Eastern or Greek cuisine and Cinnamon Basil ice cream is to die for! Also a beautiful addition to an ornamental container planting.

### **Dark Opal**

Large deep purple leaves sometimes variegated with green on 18 inch plants. The leaves keep coming all summer long when you pinch out the flowers routinely. A wonderful variety for fresh eating - the dark purple leaves pair beautifully with a tomato and fresh mozzarella salad. Don't forget to eat the flowers too!

### **Fino Verde**

Grows to be a small, dense bush, suitable for containers. The leaves are much smaller than those of most basil. The flavor is similar to that of sweet basil, but somewhat stronger and spicier.

### **Genovese**

Also called Perfumed Basil. Leaves are small and fine with a strong aroma and potency - perfect for pesto!

### **Italian Large Leaf**

The leaves on this basil can grow to be an impressive 4" long! They can be used as a wrap for a variety of stuffings especially since it is sweeter and therefore milder than other basil. The plant will get 18-24" tall and wide.

### **Lettuce Leaf**

This basil produces large, luscious leaves on a compact, slower-growing plant. Because it grows slowly, it extends the season which means fresh pesto later in the year!

### **Mrs. Burns Lemon**

Here is a bright green basil variety to go with its bright lemon taste! The long leaves make a great choice to julienne and add to a summer salad or cold soup. Grows to 24 inches in height. Pinch and eat the flowers all summer long.

### **Rosie**

Rosie is an improved form of 'Rubin' with strong, upright stems. Intense purple red leaves and a mild delicate basil flavor combine for a winning choice for those who are not fond of the stronger basil tastes. Keep the lavender flowers pinched out and watch this plant bush out for you.

### **Thai**

Strong licorice-anise flavor. 12-18" fine-leafed plant with purple stems, seed heads and flowers. Good container plant as well. 60 days to harvest.

### **Tulsi or Holy Basil**

Holy Basil is a well known sacred plant in the Hindu religion where the leaves and flowers are used in restorative teas. The leaves are sweetly anise scented and fuzzy on smaller plants to 12 inches. Let flowers open fully to use in teas. Then pinch out to keep the plant producing all summer long. The flowers are also attractive to bees.

## **Bay**

### **Laurus nobilis**

Aromatic evergreen that thrives in rich peaty soil. Tender perennial but can grow to 12' in our climate! Leaves used for flavoring spaghetti sauce, stews, and meat dishes.

## **Catnip**

### ***Nepeta cataria***

This long-lived perennial herb is used in gardens and landscapes. The leaves are used in salads, sauces, teas, and soups. By the way, cats love it too! (So plant lots!) If you have problems with cats using your beds as litter boxes, plant some catnip on the border and your garden will become a sacred ground rather than a dumping ground!

## **Chamomile**

### ***Anthemis nobilis***

Low growing perennial herb that can double as a groundcover in your garden. This Chamomile is loved for its medicinal properties in the sunny yellow eyed, white petaled flowers. Thrives in dry and sandy soil - blooms in late spring.

### ***Matricaria recutita***

Annual plants that re-seed readily in the garden. Ferny green foliage with tiny, apple-scented, white daisy-like flowers bloom spring through fall. Flowers are harvested for use in teas, baths and hair rinses to bring out blonde highlights. An excellent companion plant in the vegetable garden. A tea of chamomile applied to seedlings is said to prevent damping-off disease.

## **Chervil**

### ***Anthriscus cerefolium***

Chervil is a perennial that grows to a height of 20 inches with a spread off about 8 inches. It blooms in mid-summer, producing flat umbels of tiny white flowers. The entire plant is edible and tastes reminiscent of celery. It goes with many dishes, and you can use the hollow stems as straws! It has become one of the classic herbs used in French cookery.

## **Chives**

### **Garden Chives**

A member of the onion family, this compact perennial makes a great addition to potted combinations and to intersperse in the vegetable garden. Placed well it can be an efficient attractor for beneficial insects through its early summer bloom time. The mild flavored leaves are wonderful for clipping and adding as a garnish on your summer meals. The flowers can be used too if you can bear to cut them off!

### **Garlic Chives**

A flat-leaved variety of chives with the rich flavor of garlic. Attractive white flowers and leaves are edible. Good for attracting pollinators.

## **Cilantro**

### **Calypso**

This super leafy, slow bolting cilantro will keep you happily fed with extended summer harvests. Grows to about a foot high and a little wider, loves the sun and is a great choice to tuck into pockets in the veggie garden. Plant starts and follow with seed in other pockets to keep the harvest rolling. Use the cut and come again approach to keep it producing but don't be afraid to let a few go to flower! The flowers are magnets for parasitoid wasps which will take care of the aphids in your garden. The seeds that develop are coriander and are delicious to collect to use for cold weather curries and holiday baking.

### **Confetti**

This variety of cilantro imparts a more subtle flavor to your salsas and burritos than other types. Harvest quick growing greens for or let it go to seed and collect some for your own coriander. Leave some to regrow multiple crops. The flowers are attractive to pollinators.

### **Cruiser**

A cilantro with a tidy, upright growth form with strong stems and large fragrant leaves. Bolt resistant. Mix and match with other varieties for a slightly different harvest season. Let some flower and attract beneficial insects to the garden. Harvest seeds for Coriander.

## **Santo**

Both seed (coriander) and leaves (cilantro) are used in numerous cuisines from around the world. Often associated with Mexican dishes, this strong scented herb grows out with flat, toothed leaves for chopping into salsas and other preparations. Easy to grow and tolerant of cooler conditions.

## **Comfrey**

### ***Symphytum officinale***

Comfrey is used today in lip balms and topical creams due to its healing properties. In the garden comfrey is valued as a biomass crop because it can be cut to the ground several times a year and the large leaves are an excellent mulch or compost addition. Comfrey is very difficult to remove once established and can reseed easily. Comfrey is best planted in an area of the garden that is rarely used like the back fence or near the garbage cans!

## **Curry Plant**

### ***Helichrysum italicum***

Grows to 2' with tiny, yellow flowers in summer. Curry plant is not considered a culinary herb, as it does not taste as good as it smells. When brushed, the leaves release a strong curry scent, reminiscent of your favorite curry dishes! Extremely drought tolerant.

## **Dill**

### **Fern Leaf**

Great herb for fish! Use the entire plant. Attracts ladybugs and hover flies to the garden. Short-lived annual. Save the seed or allow to self sow in the garden for future plantings.

## **Bouquet**

This graceful annual grows to 2 feet tall and is covered in insect attracting umbels of yellow flowers. Use the heavenly-scented leaves in fresh summer recipes. Large flower heads will net you abundant seeds for pickling later in the season. Plant in well drained organic soil.

## **Epazote**

### ***Dysphania ambrosioides***

Epazote is native to Central and South America and popular used in Mexican dishes. A savory herb said to relieve some of the 'gassy' properties of beans if thrown in the pot while cooking. Can also be used as a vermifuge. Leaves dry well for winter use. Grows up to 3' tall and is considered an annual in our climate.

## **Feverfew**

### **Golden**

Single white daisy-like flowers are produced all season. Its golden leaves make it an attractive edging plant. Rumored to ease the pain of migraine headaches. Prefers full sun. Height 16-24". Attracts ladybugs.

## **Hops**

### **Cascade**

Deciduous perennial vine growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. Cascade hops impart a citrus-floral aroma to beer and is used in popular beers such as Sierra Nevada Pale Ale and my favorite, Mirror Pond Pale Ale, by the Deschutes Brewing Company. If you are a homebrewer you've likely noticed hop prices have recently skyrocketed. All the more reason to grow your own!

### **Centennial**

Deciduous perennial vine growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. A medium-high alpha acid (about 10%) bittering hop reminiscent of Cascade but without the floral aroma. Developed by WSU Prosser in the 1990s and named for Washington State's centennial celebration, Centennial hops are designed to be used as both an aroma and bittering hop and lend the citrus bite we love in our Pale Ales, IPAs and Imperial IPAs.

## **Columbus**

Deciduous perennial vine. A dual purpose choice for Northwest brewers, these hops can be used for aroma or bittering in your home brews. Imparts a bit of a citrus note to your beer. Can be used as a single hop or combined.

## **Golden**

Deciduous perennial vine. A vigorous vine grown as an ingredient for beer or simply for its attractive golden-shaded leaves. Perfect for screening an area instantly. It will die back to the ground each fall so you can safely trim back all growth that year. The cones or fruit are bright green and hang down all over the vine in clusters. The vine will grow 20 feet in a season so be sure you have the room.

## **Golding**

Deciduous perennial vine. Originating from English aroma varieties cultivated since 1790. Golding comes from the Canterbury strain - named for the region in England. Small moderate size cones with delicate and sweet floral notes.

## **Mt. Hood**

This is a hybrid of the classic German 'Hallertau' with similar aroma. It has been described as a foresty hops, good for earthy overtones.

## **Willamette**

Deciduous perennial vine growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. Willamette is a triploid aroma-type hop and is very popular for making ales and lagers. Alpha acids are 4 - 6%, which gives your brew the hop flavor with only moderate bitterness.

## **Horseradish**

### ***Armoracia rusticana***

Perennial. Grows to 2' tall and 18" wide. Leaves are spear-shaped and crinkly and grow from the root each spring. To harvest the root, dig in fall. Be sure to replant some of the root to ensure a harvest for the following year's harvest. Horseradish is an excellent companion to potatoes.

## **Hyssop**

### ***Hyssopus officinalis***

This decorative and long-lasting perennial herb has been widely used since ancient times. The plant grows 2 feet tall and spreads about a foot. The purple-blue flowers are about an inch  $\frac{1}{4}$  inch long and are carried in long, narrow spikes. All parts of the plant give off a strong aroma. Leaves have a slightly bitter, minty taste. A few leaves can be used in savory dishes such as rich stews and in marinades. Flowers can be used as an attractive garnish and in salads.

## **Lavender - English**

### **Cascade Velvet**

The dark velvety flowers of this lavender are wonderful complements to brighter flower colors in your summer garden. Attracting every known pollinator for miles, these plants buzz with life throughout their long blooming period. The sweet fragrance of this English Lavender will delight your senses too. Long flower stems on a two foot plant.

### **Munstead**

English Lavender. The classic English variety, this is a great lavender to use for dry flowers and herbal concoctions. Compact in nature with small leaves, Munstead flowers early and is very aromatic. Plant in loose, well-drained soil in full sun.

### **Nana**

A delightful smaller English Lavender with classic purple flowers blooming for a long summer period. A super bee attractor, place Lavender near where your fruiting summer edibles are planted. Cut the flowers when buds are tight for best drying and for fragrance oils. Let fully open to benefit pollinators. Try some sprigs in lemonade or blend into homemade ice cream for a fun summer treat.

## **Purple Bouquet**

This is one striking lavender, with bright green leaves and a dark purple flower. Blooms twice for double the effect! Good for culinary use and also for pollinators. Grows 20 inches tall by 30 inches wide.

## **Lavender - French**

### **Grosso**

French Lavender. A popular variety with fat flower spikes on long stems makes this choice great for dried flower arrangements. With its mounding and spreading form it makes a fragrant and attractive hedge around the vegetable garden. Highly attractive to pollinators and other beneficial insects. All lavenders appreciate good drainage.

### **Goodwin Creek**

Large, gray/green fuzzy foliage on a rather large plant which reaches 3' x 4' at maturity. Blooms freely; long lavender wands carry small, very dark purple flowers nearly year round!

### **Provence**

French Lavender. One of the most popular lavenders, this long spiked, long flowered beauty is perfect for making wands. Strips easily from the stem for collecting flowers for sachets. Long bloom time through mid-summer. Highly attractive to pollinators and other beneficial insects. Interplant into your vegetable beds as a permanent planting.

## **Lavender - Spanish**

### **Otto Quast**

Spanish Lavender. This lavender is hardier than most of the other Spanish varieties. The adorable flower stalks have an unusual bract with a closed 'cob'-like look and a few open flowers bursting from the top. The fragrance is not as powerful as other types, but the charming flowers make up for it. All lavenders appreciate good drainage.

## **Lemon Balm**

### **Melissa officinalis**

Wonderful lemon-scented herb used in teas or fresh bouquets. Attracts beneficial insects and is a must for the organic garden. Spreads by underground runners and is best grown where it can be contained! Make sure to cut back the plant after flowering but before the seed matures to prevent reseeding.

## **Lemon Verbena**

### **Aloysia triphylla**

Tender perennial, grow in protected area. Delicious lemon scented leaves can be used in iced drinks, sorbet, and candied for cake decorations. This plant is by far the lemoniest of them all! Open growth habit with open white clusters of flowers in summer. Full sun, good drainage.

## **Lovage**

### **Levisticum officinale**

With a flavor much like celery, lovage makes a dramatic impact in the garden with its glossy green leaves. Umbel-shaped flowers bloom mid summer. Seeds can be dried and used like celery seed. This perennial herb grows in both full sun to part shade to 5'. Lovage is one of the most versatile and under-utilized herbs in the kitchen. Leaves can flavor stocks, hollow stems make cool straws for Bloody Marys and seeds are great for adding flavor to pickles! Plus, it grows well in the marginal, semi-shady parts of the garden and blends well with ornamentals and edibles.

## **Marjoram**

### **Hardy**

Hardy marjoram is a great addition to your herb collection. Fragrant and tasty leaves are good for soup, stews, casseroles and even medicinal teas. Beautiful white flowers attract a plethora of pollinators to your edible garden. The flavor of marjoram is similar to Oregano with less of a bite. Place it in a space it can grow and fill out into for years.

## **Sweet**

Grows to 12", slowly spreading by creeping roots and stems. Marjoram is sometimes overlooked as an important culinary herb. With a flavor similar to oregano but much sweeter and subtler, it can be used in similar dishes. Very good with fish and meats. Its subtle flavor can be lost with cooking, so add to dishes towards the end of cooking time.

## **Mint**

### **Berries & Crème**

Dark green rounded leaves that form a compact plant. Best to grow in a pot to keep in bounds. Flavor of leaves is minty with hints of fruit.

### **Chocolate Peppermint**

Bronzy foliage with a surprising, fresh chocolate scent and flavor. 24" tall, partial shade to full sun. Mint should be potted unless you want it to naturalize.

## **Ginger**

Green and yellow variegated leaves with a spicy ginger scent. This mint grows best in shady areas and is a stunning addition to mixed containers.

## **Grapefruit**

A yummy citrus-scented mint with large, fuzzy leaves. Flowers are also highly scented and edible. Attracts beneficial insects to the garden, but spreads vigorously so be careful!

## **Julep**

Spreading perennial with green leaves and spearmint scent and flavor. Excellent for making summer mint juleps and mojitos! Attracts beneficial insects. Spreads by underground runners and should be planted where it can be contained.

## **Kentucky Colonel**

Large leafy spearmint fit for a Colonel! Try this mint as an addition to iced tea, or something stronger. Great for sauces and mint jelly too. This is a robust plant that is best kept in a large container. Tolerates some shadiness in the afternoon and will scent your walkway when you brush against it.

## **Lime**

Bright green leaves and purple flowers feature a pronounced lime scent and flavor. Can be used to enhance any recipe calling for lime - try some blended in your margarita or add some to your next Thai curry. Prefers moist soil and part shade.

## **Mojito**

The quintessential mojito mint with a sweet, warm flavor. Vigorous plants with bright white flowers are great for large potted gardens. Keep moist for best growth.

## **Moroccan Mint**

A variety of peppermint especially good for tea. Also great used in Mediterranean and Moroccan dishes like couscous, tagines and yogurt sauces.

## **Orange**

Bronze-green round leaves and blue flowers give off a strong citrus-mint scent and flavor similar to bergamot. Throw some leaves into your sun tea for a treat. Prefers moist soil and part shade.

## **Peppermint Candy**

A spreading perennial with mint-flavored leaves. Dense clusters of white flowers in summer. Preferred variety for peppermint flavoring in cooking. Spreads by underground runners and should be planted where it can be contained.

## **Spearmint**

Sweet-smelling and prolific, spearmint has a wide range of uses and is preferred for Mojitos and Mint Juleps. Excellent landscape plant with pink flowers. Spreads aggressively. Attracts beneficial insects.

## **Motherwort**

### **Leonurus cardiaca**

Make space for a Motherwort plant in your herbal garden. This perennial, mint family relative can grow to five feet tall and two feet wide and makes a striking statement with its oak shaped, alternating leaves. Flowers appear in whorls amongst the leaves at the tops of the stems, a pale pink-purple in summer months. Fresh or dried flowers can be used to make a tea, added as a flavoring to beer or as a flavoring in split pea and lentil soups. Prefers semi-moist and partially shady garden beds.

## **Oregano**

### **Greek**

True oregano with a wonderful spicy flavor. Tiny white flowers and is very hardy when established. Great plant for attracting beneficial insects!

### **Italian**

Italian oregano is a bit spicier than Greek Oregano, with sweet overtones of its cousin, Sweet Marjoram. Plant strategically in the veggie garden to bring in the pollinators.

## **Parsley**

### **Curly**

Short-stemmed parsley with curly leaves. Nutritious raw or as a seasoning. A biennial, it grows best in full sun and well-drained soil.

### **Giant Italian**

Flat and deeply cut leaves on stocky stems. Aromatic flavor makes it the best parsley for drying. It grows best in full sun and well-drained soil. Expect this plant to reach at least 20 inches tall and as a biennial look for flowers and seed in the second year. You can let it self sow for continuous crops over the years.

## **Rau Ram**

### **Vietnamese Corriander**

Vietnamese coriander is a perennial herb used in Southeast Asian cooking. Other English names for the herb include Vietnamese mint, Vietnamese cilantro, Cambodian mint and hot mint. Grows best in sunny, damp conditions. The top of its leaf is dark green, with chestnut-colored spots while the leaf's bottom is burgundy red.

## **Rosemary**

### **Arp**

Sun, well-drained soil, low water use. Airy green-gray foliage with pale blue flowers that bloom mid-summer to fall. A classic culinary variety. Slight lemon flavor to leaves. Grows to 4 ft.

### **Barbeque**

Very upright, can grow to 4-6 ft tall, but takes to pruning well. Great rosemary flavor, use the stalks as skewers for grilling. Prefers full sun and well-drained soil. Blooms blue in early spring.

### **Hill Hardy**

Irregular branching rosemary growing 3 feet wide and tall. Blooms in early to mid spring with light blue flowers, attractive to early pollinators. Drought resistant and hardy to cold temperatures - don't pamper this plant!

### **Lockwood de Forest**

A lovely draping rosemary, perfect for rockeries, stone walls and to place to cascade over a raised bed edge. Grows 2 feet tall and can spread to six feet so give it some space. Bright green foliage is decorated with pale blue flowers in early spring, sometimes starting earlier in the winter. Trim fresh pieces to tuck into roast chicken, carrots and potatoes. An evergreen plant, rosemary can be trimmed fresh all year long. **NEW FOR 2019!**

### **Santa Barbara**

Perennial. A prostrate form of Rosemary with dark blue flowers in early spring. Upright growth combined with low sweeping prostrate form makes this a great plant for covering a swath of ground. Great choice for topiaries and excellent culinary variety.

### **Tuscan Blue**

Sun, well drained soil, low water use. Blossoms of a delicate pale blue. Fine leaves with a distinct pine scent. Hardy to 10 degrees F.

### **Sage**

#### **Berggarten**

Known all over the world as a choice culinary strain, Berggarten is a vigorous low-growing sage. Each 12 inch plant will reward you with large blue-gray leaves and an intoxicating aroma.

#### **Garden**

With its lemony-camphor fragrance and delicate blue flowers, *Salvia officinalis* is an important part of any kitchen garden. A shrubby evergreen perennial, it has strongly textured velvety gray green leaves that last all year long. Grow in well draining soil in full sun. Stems become woody as the plant matures.

#### **Golden**

Great for containers or in the garden, the bright yellow-green foliage looks good all season and smells good, too. In the fall, bright-red hummingbird-magnet flowers appear, making this plant a real eye-popper. Full sun, tender perennial.

#### **Purple**

Purple sage is a shrubby perennial that will grace your garden for many years to come. Use as you would common garden sage, this choice offers a lovely purple tint to the leaves, especially the new growth, that makes a lovely contrast among other green plants. Prefers dry soils and little fussing. Place in a sunny spot for year round harvest. Great used as a flavoring for soups, roasted turkey and other fowl and with pumpkin ravioli. Let parts of the plant flower to attract beneficial insects and cut some for lovely bedside bouquets.

#### **Tricolor**

Tricolor sage has somewhat broad leaves with green centers with white and purple edges. Same growth habit and taste

### **Salad Burnet**

#### **Sanguisorba minor**

An herbaceous perennial with cucumber-flavored leaves, salad burnet is a must for any salad! This low-growing herb has unusual red ball-shaped flowers. Salad burnet is drought tolerant once established and grows in full sun to part shade.

### **Savory**

#### **Winter**

Perennial cousin to summer savory with thicker and shinier leaves. Flavor is more pungent and biting. Essential oils are antifungal, anti-bacterial, and antioxidant. Small, white flowers mid-summer.

## **Summer**

A tender annual that grows up to 18 inches tall. It has small bronze-green leaves and very small white or lavender flowers. Summer savory is sweeter and has a more delicate aroma than winter savory. Summer savory is a characteristic ingredient in herbes de Provence, it is also widely used as a seasoning for grilled meats and barbecues, as well as in stews and sauces.

## **Scented Geraniums**

### **Greengene Green Lime**

A delightful and upright plant with delicate white flowers and a fresh lime fragrance. Combine with other summer annuals for a decorative planter or place a few into your veggie beds for pollinator attraction. Lime flavored leaves go well with lemonade, flavoring candies and adding to tea. **NEW FOR 2019!**

### **Prince Rupert Lemon**

Variegated upright scented geranium that smells of lemon. With crinkly leaves and soft pink flowers, a winner in a pot! Tender plant.

### **Attar of Roses**

Rose-scented leaves and clusters of pale pink flowers cover the plant in late summer. Flowers are great for candying. The flowers make attractive confetti when used in sorbets and jellies. Tender plant.

### **Old Fashioned Rose**

Deeply cut and crinkly leaves on a robust and full plant are strongly rose perfumed. The heady fragrance is emitted when you pick the leaves or brush against the plant so place it where you can interact with it! Small pale pink flowers decorate the plant all summer if you keep the fading flowers deadheaded. Toss a few leaves or flowers into lemonade, water or even hot tea to drink in the delightful summer fragrance.

### **Ginger**

Soft ruffled leaves and tiny rose colored flowers grace this scented beauty. Growing to about 2 feet tall the ginger scented leaves make a wonderful addition to iced teas and for scenting sugar for desserts. Plant it in a sunny spot; great for pots!

### **Coconut**

The small, rounded leaves have crinkly edges and form a dense mound. The fragrance is coconut. Small, lavender flowers bloom in clusters. To 1 ft tall. Tender plant

### **Tangerine**

Delicious tangerine-scented fuzzy green leaves grow on this upright plant. Similar in growth habit to pineapple sage. Full sun, tender perennial.

### **French Lace**

This Scented Geranium has frilly variegated foliage and a sweet and fresh lemon scent on upright plants. Pink flowers with a dark pink center add to the beauty of this plant. Try some leaves steeped for tea or flavor homemade candies. Scented Geraniums do very well in pots and look lovely in mixed arrangements. **NEW FOR 2019!**

### **Lemon Fizz**

Large leaved lemon scented geranium with bi-colored pink flowers. Fills out a pot all on its own - add some trailing lobelia to brighten the edges. Place it where you can brush against it as you pass by for a wonderful fragrant surprise. Scented Geraniums are great to add to lemonade or tea for a fresh summer cooler. **NEW FOR 2019!**

### **Nutmeg**

One of the hardier of the scented Geraniums 'Nutmeg' can often survive northwest winters, especially when protected from colder winds. Sprays of tiny white flowers against the small wavy leaves are decorative as well as tasty. Pot them up for a sunny porch where you sit and have your morning tea. The spicy fragrance will be a welcome morning greeting.

## **Sorrel**

### **French**

French Sorrel is a perennial that grows in a leafy clump. It has a faint taste of lemon and is full of vitamin C, A, and iron. A perennial, it grows to 18 inches and has medium-green, thick, large spinach-like leaves. French Sorrel likes moist, but well draining soils and will grow in part shade as well as full sun.

### **Garden Sorrel**

Large-leafed greens have a very sour, lemon flavor. Delicious in soups and salads, high in vitamin C. Grows well in sun or part shade. Very drought tolerant. An all-time kid favorite!

## **Stevia**

### **Stevia rebaudiana**

Also called Sweet Herb of Paraguay, Stevia is probably the sweetest plant in the world. It contains steviaside, which is 300 times sweeter than sugar without the calories! Perfect for iced tea, or leaves can be dried, ground, and added to recipes. Full sun, tender perennial, mulch in winter.

## **Thyme**

### **English**

Essential to every herb garden, this small, upright shrub is the classic culinary variety. Strongly aromatic in the garden, its flowers attract many honeybees. Full sun, sharp drainage.

### **English Tabor**

A lovely mounding thyme with wide fresh green leaves. Grows to a foot high and wide. Sweet and savory flavor, milder than other thyme varieties. Beautiful pink flowers in the summer attract tons of beneficial insects - place it near your tomatoes for bringing in the bumblebees! Thyme is great for all savory dishes, as an herbal element to add to ice cream, makes a great tea that has antimicrobial properties.

### **Lemon**

Glossy green foliage with a strong lemon scent. Similar growth habit to English thyme. Lavender-pink flowers in early summer attract bees and other beneficial insects to your garden.

### **Lemon Variegated**

This sweet thyme boasts variegated leaves on a spreading low growing plant. Lemony fragrance add to the flavor and go well with fish and fowl. Snip a few sprigs for a fresh thyme tea, add to salads or mix into homemade ice cream. Evergreen leaves shine in the winter garden. **NEW FOR 2019!**

### **Lime**

Growing to a low mounding height of six inches, Lime Thyme can double as a groundcover in your perennial edible garden. It has a delicate citrus overtone and is an ace at attracting beneficials and bees to its light pink flowers in the late spring.

### **Silver**

This is a lovely variegated thyme that provides a bright a crisp accent in your garden. Add to shrub borders, veggie raised beds or tuck into a pot on a sunny patio. Trim the ends to add to roasting veggies or a fall soup from this evergreen plant. **NEW FOR 2019!**

## **Valerian**

### **Valeriana officinalis**

A lovely hardy perennial with ferny leaves and white flower heads with a pink tinge. The flowers have a nice smell, but the rest of the plant smells fetid. The roots are used to make a tea effective for insomnia. Valerian doesn't taste good by itself, so mix it with a lemony tea.

## Pollinator Plants

### Amaranth

#### Coral Fountain

65 - 75 days. Open pollinated. Growing anywhere from 3 to 5 feet tall, 'Coral Fountain' has large tassels of coral pink flowers that cascade from the stem. Great for cut flowers, also edible seeds if left to bear in the fall. The leaves are also edible and good to add to salads but this great flower will be a powerful pollinator asset in your garden. Combine with 'Love Lies Bleeding' for a fantastic display.

#### Love Lies Bleeding

60-70 days. Open pollinated. Growing to 5 feet tall the stunning floral display of 'Love Lies Bleeding' makes it worth growing simply for the flowers. But don't stop there! Amaranth is very nutritious as a green and the prolific seed this plant will produce can be collected and used as a cereal grain if you plant a large patch of it. This is also a powerful insect and bird attractor, bringing pollinators closer to your flowering squash and tomato plants.

### Broadleaf Lupine

#### Lupinus latifolius

A perennial native Lupine that will cheer up your garden in late spring. The lavender blue and white flowers will fade to magenta as they mature. Grows from 2 - 4 feet high and loves the sun. Put it where the light colored flowers will stand out and where the pollinators and hummingbirds can find it!

### Cascade Penstemon

#### Penstemon serrulatus

This lowland PNW native perennial has purple trumpet shaped flowers on 3 foot plants. Tolerates both moist and dry sites, loves sun and will bring many bees and humminbirds into the garden.

### Coast Gumweed

#### Grindelia integrifolia

A perennial native, this little gem is found in wet meadows and coastal hillsides throughout the west coast. Adapted to our dry summer, drought tolerant once established. Blooming in summer, the bright yellow flowers are sported on grey green shrubby growth each year. Bees love them!

### Oregon Iris

#### Iris tenax

Here is a perennial that can handle a little shade and still provide some lovely blooms for you. Thin leaves in a clump have a pink base with light green blades. Spreading slowly underground to become larger clumps that can be divided over time. Flowers can range from pale purple to a creamy white or yellow and sit just above the leaves.. Blooms in late spring through early summer. Very attractive to native pollinators. **NEW FOR 2019!**

### Pearly Everlasting

This drought tolerant native wildflower is covered in fine whitish hairs, giving it a fuzzy sheen in the garden. Beloved of butterflies and great for dried flower bouquets. Include this in your wildflower beds for a great contrast to other green plants and as a great attractor plant. **NEW FOR 2019!**

### Roemer's Fescue

#### Festuca roemerii

A perennial native grass, suitable for sunny spots in the garden, rockeries, and on slopes. Grows well in poor soils and is drought tolerant once established. Non-invasive. Can be used as an orchard floor sub for lawn grass - roots penetrate deeply and have symbiotic mycorrhizae. Blue green leaves with open seed head. Provides cover for native bees and other beneficial insects and small birds and mammals. **NEW FOR 2019!**

## **Sage**

### **Pineapple**

Sun, well-drained soil, mulch in winter. This showy sage is laden with beautiful scarlet flowers in the fall that attract hummingbirds. The velvety green leaves give off a distinct pineapple scent when rubbed. Ht 2ft - 3ft.

### **Red**

This Red Sage is also known as Purple Garden Sage and can be used just like regular Garden Sage. It rarely flowers which helps to keep it at a moderate height and less prone to open woody centers. It looks great planted with gray leaved plants like Lavender. In fact, the two together make a great after shave!

### **Tangerine**

Delicious tangerine-scented fuzzy green leaves grow on this upright plant. Similar in growth habit to pineapple sage. Full sun, tender perennial.

## **Yarrow**

### ***Achillea millefolium***

Creeping perennial herb with feathery leaves and white flowers held in an umbel over the foliage. Pungent fragrance can aid as an insect repellent. The flowers are especially attractive to parasitoid wasps, lady beetles and hoverflies which will make short work of the bad bugs in your garden. Also attractive to foraging bees, aiding in pollination of your fruiting plants. Place in a sunny spot with good drainage and do not over-fertilize.