

# 2020 Tilth Alliance May Edible Plant Sale

## Herb, Flower and Pollinator Plant List

Updated 4/13/2020

*Please be aware that we may not have all of the varieties listed in this document at the 2019 May Edible Plant Sale. Occasionally, the growers will experience a crop failure or the plants will be too small to sell. We apologize for any inconvenience this may cause. Actual inventories will be accurate in our online platform following grower's deliveries.*

All our vegetable starts are organically grown and/or Certified Organic in Washington State by Cascade Cuts in Bellingham, Rent's Due Ranch in Stanwood, Sunseed Farms in Acme, Cascadian Edible Landscapes in Seattle and Trout Lake, The Root Cellar Farm in Onalaska, Oxbow Farm in Carnation, Spring Time Farm in Everson, Dirty Knees Nursery in Bellingham The Growing Garden in Bellingham and Duvall Herb Farm in Duvall.

### Edible Flowers

#### **Alyssum**

##### **Mixed Colors**

Annual. *Lobularia maritima*. You may know that alyssum has a light honey-like fragrance and that it blooms non-stop all summer with little care but have you ever tasted Alyssum? Well it doesn't taste like much but it sure looks pretty decorating summer cakes, fruit salad a bowl of ice cream! The young leaves, stems and flowers are all edible plus they attract all kinds of beneficial insects to the garden. How can you go wrong? Grows to 6" tall and spreads up to a foot.

#### **Bachelor Buttons**

##### **Polka Dot**

Annual. A cheerful mix of red, blue, pink, white, plum and lavender on 2 foot tall slender plants, these pollinator power plants can fit into nooks and crannies of your garden. Edible too! Toss them into summer salads or add to celery and peanut butter sticks for a colorful garnish. Bloom for a long time.

#### **Borage**

##### ***Borago officinalis***

Annual. The bright blue, star-shaped flowers (which bloom most of the summer) make borage one of the prettiest herb plants. The leaves are large and leathery and covered in soft spikes. The flavor of the leaves and flowers resembles that of cucumber. The plant will grow to a height of about 18 inches, and spread about 12 inches. Beloved by bumble bees.

#### **Calendula**

##### **Triangle Flashback**

Annual. Great cut flowers or colorful additions to a festive cake batter, the undersides of these petals are dark burgundy with the tops are a mix of white, apricot, orange and yellow. Plants can reach 14-24 inches tall.

##### **Neon**

Annual. Glowing orange with burgundy tips, 'Neon' is a fabulous addition to your garden. Mix it in with your fruiting plants to attract pollinators straight to your squash and tomatoes. Cut for bouquets or trim flowers to dry and add to homemade lotions. Calendula is a multi-use and showy choice. Self sows easily.

##### **Alpha**

Annual. Bright orange Gerbera like flowers on 30 inch plants are a delight in any garden. The petals of this beauty have a high resin content making them perfect for mixing into hand creams. Great as cut flowers and reseed easily for more flowering fun.

### **Pacific Mix**

Annual. A riot of yellows, oranges and blends in between to spice up your garden. Add to veggie beds to encourage pollinators. Fill containers and blend with other summer annuals. Self seeding annual will come back in unpredictable colors next year. Great for adding to salads for colorful toppings and to egg salad for a tasty and colorful treat.

### **Strawberry Blonde**

Annual. A lovely pink variety from Wild Garden Seeds in Oregon. Dark red backsides on the petals and a dark central eye provide contrast to the lovely pastel pink and yellow petals.

### **Resina**

Annual. One of the most resinous Calendula varieties, great for harvesting for salves and lotions. Beautiful cheery yellow and sometimes orange flowers bloom all summer long. Also great for use as a dye plant. Self sows in the garden and the seeds are easy to collect so you can spread them where you want them.

## **Dianthus**

### **Everlast Burgundy Blush**

Evergreen perennial. Fragrant and striking burgundy red flowers cover the lovely perennial gray- green leaves all season long. Great for cutting, attractive to beneficial insects. The mounded form grows to 12 inches high and wide.

### **Everlast Dark Pink**

Evergreen perennial. What a charmer! Mounding to 12 inches high with an equal spread. This Dianthus bears bright pink double flowers in the spring. Stays in bloom for a long time and then will rebloom again in cooler weather in the fall. Cold hardy so good for wintering over as a perennial.

### **Everlast Raspberry Cream**

Evergreen perennial. This lovely perennial Dianthus has pink petals edged in red and is a long season bloomer. Trim out dead flowers to keep them going all summer. Super fragrant and decorative blue green leaves make this a gem in the perennial garden. Try the tasty and spicy flowers on cakes as decoration, add to sorbets or even a chilled summer soup!

### **Everlast Lilac Eye**

Evergreen perennial. Another great mounding Dianthus growing to 12 inches tall with an equal spread. Combine this with Everlast - Dark Pink for a stunning display in a pot or incorporate into the veggie bed for use as an edible flower or a pollinator plant. A double lilac pink bloom with a deep red eye. This one reblooms when the weather turns cooler in the fall.

### **Firewitch**

Evergreen perennial. This hybrid has blue foliage and bright magenta single flowers. It is also heat-tolerant, long-flowering, and attracts hummingbirds. Even after flowering, the intensely colored low-growing foliage makes a great color foil in the garden. For best results, plant dianthus in bright light with well-drained soils. It was selected as the 2006 Perennial Plant of the Year by the PPA.

### **Pink Kisses**

Evergreen perennial. Another wonderfully fragrant Dianthus with dark pink centers rimmed by pale pink edges. Grows 10 inches wide and up to 16 inches tall. Attractive to beneficial insects and good for cut flowers.

## **Fuchsia**

### **Double Otto**

Woody Perennial. One of the hardy fuchsias that grow into small woody shrubs in the summer garden. Otto has gorgeous double flowers with red sepals and purple corollas with red veins. Very vigorous and upright in form - grows 3 feet side and tall. Place in the sun but not where it will get blasted, especially from afternoon sun. Does fine in partial shade too. Flowers and fruit can be used for a sweet and tart addition to fruit salads or bake the fruit into muffins for breakfast! Fuchsia berries are full of Vitamin C. **New for 2020!**

## **Genii**

Woody Perennial. Genii is a wonderful and bright addition to your perennial garden for its vibrant green leaves and delicate red and purple flowers. Loved by hummingbirds, blooming for them from early summer through first frosts. Grows upright to 2-3 feet tall and up to 2 feet wide. Prefers moist soils and keep out of hot afternoon sun. Mulch well in the fall to protect for the winter. Great size for containers and smaller gardens. Use the flowers to decorate your cakes and add the fruit to jams, chutneys and mixed into your pancake batter! **New for 2020!**

## **Marigold**

### **Bonanza Mix**

Annual. The double flowers of Bonanza Mix are the largest of this type, a huge, 2 to 2.5 in. across and available in a wide range of pure, intense colours. Bonanza is faster to flower than other double French marigolds. These plants are excellent performers under a wide range of conditions.

### **Brocade**

Annual. Marigolds are a joy in the garden and Brocade offers a blend of oranges, yellows, and reds to cheer up any spot you place it. Great for containers and fun for kids to grow. Marigolds are spicy accents to a green salad or beautiful topping a BBQ potato salad. Pollinators love them and they will help keep pests at bay by attracting beneficial insects too.

### **Creamy White**

Annual. Beautiful pale creamy white flowers top 24 inch plants. The three inch flowers make great attractors for all types of pollinators and a lovely addition petal by petal to a summer dinner salad. Add to the tomato bed to bring the bees in!

### **Lemon Gem**

Annual. A cheerful single yellow marigold that is perfect for tucking into the ends of your garden beds. Adds a splash of color while also attracting beneficial pollinators and predatory insects. Grows to about a foot tall and wide. Lovely to brush against when tending the garden when it releases its citrusy scent. Set a single cheerful flower on top of a chocolate frosted cupcake for a festive event.

### **Mexican Mint**

Annual. Small single orange flowers cover this old variety of Marigold all summer long. Perennial in warmer climates. Tarragon like flavor makes it a decent substitute for French Tarragon with its licorice like flavor. Use fresh - add to soups, chicken salad, use for tea. Both foliage and flowers are used - let the plant reach a good size before beginning to harvest. Known also as Mexican Tarragon. Also attracts pollinators.

### **Mister Majestic**

Annual. This delightful mahogany-on-gold striped marigold is a Scottish heirloom variety. The bushy 10-12 inch tall plants are crowned with masses of bright flowers that if deadheaded, will bloom until frost. Classic border marigold in raised beds and makes a wonderful addition to containers too.

### **Red Gem**

Annual. A lovely complement to the lemon and tangerine gem series with cheerful red flowers on citrus scented foliage. Add to sunny containers, scatter through your edible beds to attract beneficial insects. The flowers are a lovely decoration for a potato or mac summer salad. ‘

### **Red Marietta**

Annual. Very colorful 12 inch plants are covered in flowers all summer. Two inch blooms are red and orange in varied patterns. Use the flowers in salads, use to decorate around grilled meat when serving. Beneficial insects love marigolds. You can never have too many!

### **Tangerine Gem**

Annual. Lacy, compact and very fragrant, this single flowering marigold is adorable! It is dwarf and easy to fit in containers or small beds amongst vegetables. Plants are covered in edible little tangerine orange blooms that are perfect for throwing on a salad.

## **Nasturtium**

### **Alaska**

Annual. An attractive nasturtium variety with variegated leaves and flowers. Flowers can be yellow, orange or dark red and are edible. A must for any veggie garden. Prefers full sun and will tolerate poor soil. Tasty in salads and as wraps for appetizers.

### **Bloody Mary**

Annual. Unique streaking and blotching color the flowers with cream, deep red, yellow and cherry tones. Some solid colors too! Grows out about 14 inches - let drape over a wall or out of a hanging pot in a sunny spot. Nasturtium leaves and flowers are both edible and impart a spicy succulent bite to salads, on home made sorbet or as edible garnish with cheeses and meat plates. Keep watered regularly. **New for 2020!**

### **Caribbean Cocktail**

Annual. This peppery mix blends pink, cream, and raspberry red into a carpeting mix perfect for the edges of your veggie garden. Bringing in bumble bees to help pollinate your tomatoes, nasturtiums also offer a tasty addition to your salad mix. Growth tops out at about 12 inches.

### **Empress of India**

Annual. Beautiful deep red blossoms set off the blue green foliage on this mounding variety of nasturtium. Flowers and leaves are edible and have a peppery watercress flavor. No summer salad or potluck dish should be served without an adornment of these cheery blooms.

### **Jewel Mix**

Annual. These easy-to-grow plants produce colorful double blooms in light yellow, orange and deep red, and bloom until frost. A nice compact nasturtium for smaller yards and flower boxes.

### **Kaleidoscope**

Annual. Climbing or trailing in a riot of colors, reds, yellows, oranges, creams including some bi-colored swirls. Great for attracting bees and other pollinators. Wrap the flowers around soft cheese and dates for a tasty appetizer. Blend minced flowers into butter and don't forget the leaves are edible too.

### **Night & Day**

Annual. Lovely contrasting light yellow and burgundy flowers. Grow with little input and attract many pollinators. Perfect for planting along bed edges so they can tumble down to the ground.

### **Strawberry and Cream**

Annual. This wonderful mixture of pale primrose and bright red flowers both sport darker blotches making them stand out in the garden. Grows to 12 inches in length - provide a place for them to cascade for best effect. Attractive to hummingbirds and bumble bees. Sweet peppery taste is great for salads and to use for canapes - wrap a colorful flower around some salami and cream cheese and pin with a toothpick for some fun tidbits. **New for 2020!**

### **Trailing**

Annual. Garden nasturtium is an attractive flowering plant that is commonly grown in as an ornamental. However, the entire plant is also edible. The leaves and flowers are peppery flavored like watercress and are used in salads and as a garnish. The green pods are made into pickles, which are equal to or superior to pickled capers. Nasturtiums originated in South America. Trailing nasturtiums make a great addition to hanging pots!

## **Nigella**

### **Exotic – Love in a Mist**

Annual. This 16 inch tall annual will keep you in a profuse display of delicate and lacy plants with exotic blue flowers during the summer. Tasty as a flower or seed, trim a few to eat, cut some for flower arrangements and leave some to seed and come back next year. The seed pods are also attractive when left to dry.

### **Persian Jewels**

Annual. Also called Love-In-a-Mist, Nigella is a beautiful addition to any flower or herb garden. Blue to purple flowers hover in the mist of feathery foliage. Seed pods add interest to dried arrangements while the black seeds (known as black cumin) enclosed have a pungent flavor and is used in cooking.

### **Sativa (Black Cumin)**

Annual. This one foot lacy beauty bears sky blue flowers which are followed by aromatic black seeds. Use as a flavoring for pickles, breads and curries, and even sweet desserts like cakes. Has a nutmeg like taste. Self sows easily or collect the seed and share! Plant in swaths with poppies and flax for a wildflower border on your urban farm.

### **Snapdragon**                      **New for 2020!**

#### **Potomac Appleblossom**

Hardy annual. Long blooming and elegant off white flowers touched with lavender and plum-pink. Great for cut flowers. Flowers are lovely to use as garnish in drinks and on desserts. Flavor is floral but also can be bitter - a little goes a long way. Bumble bee pollinated. **New for 2020!**

#### **Potomac Orange**

Hardy annual. Vivid coral orange flowers with a touch of yellow grace these sweet scented flowers. Use as a cut flower or as a decoration on cupcakes or floating in a minty lemonade. Can live over during mild winters. Don't cut back until the next spring when it begins to grow again. **New for 2020!**

#### **Potomac Red**

Hardy annual. Wine red beauties - these snapdragons will bloom all summer long and into the fall. Friend to bumble bees who are able to get into their protected flowers to grab pollen. Try a few floating in a summer borscht or in a raspberry smoothie as a garnish. Snapdragons will live over in mild winters. **New for 2020!**

### **Sunflower**

#### **Arikara**

Annual. This giant ten foot tall sunflower towers over your garden, attracting pollinators and birds to its bright yellow flowers with a black center. Native to the Americas and used by the Arikara Nation in North Dakota. Multi flowering stems. Let the seeds develop to harvest or feed the birds on high.

#### **Chocolate**

Annual. Growing from 4 -5 feet, 'Chocolate' sunflower has a multi stemmed branching habit with lots of flowers for cutting. Combine with Amarnath 'Coral Fountain' and some tall white Cosmos for a spectacular summer bouquet. Great for bee forage.

#### **Florenza**

Annual. This sunflower grows into the 5 to 6 foot range and has long stems with few leaves bearing yellow and maroon flowers with black centers. Slight chocolate fragrance adds to the charm. Great for cut flowers or for pollinator gardens.

#### **Mammoth**

Annual. Fascinating plant for children. Giant plants produce huge flowers and seed heads. Tall plants make excellent summer privacy screen or background plants. Birds love the seeds. Fairly heavy feeder-likes an alkaline soil.

#### **Solar Chocolate Gold**

Annual. A lovely container variety of sunflower with bushy plants growing to two feet tall max. Covered in pollen free flowers that fill a two foot wide swath. The yellow petals and dark brown centers make a strong statement as a containerized planting. Use them on your back deck near your outdoor dining table – no pollen = no bees.

## **Sonja**

Annual. Sonja grows to 3 1/2 feet with multiple sturdy side branches. Great for bee forage, the flowers are 4 inches across with yellow orange rays and a deep brown center. Let seed develop for snacks or to sow again next season. Or let the birds have them in the fall! **New for 2020!**

## **Sunseed**

Annual. Four to five foot tall plants with large flower heads up to 14 inches across. The flowers are great lemon yellow faces in the garden. Attractive to pollinators. Sunseed is a great producer of edible sunflower kernels. Harvest before the birds descend! **New for 2020!**

## **Viola**

### **Mixed Colors**

Hardy Annuals. Cheerful, colorful, edible and fragrant, pansies are a great addition to the spring garden. Tuck into a rockery, use as an edging plant, or in cluster them in containers filled with spring bulbs. Grow a colorful, edible pot full for your special dinner salads.

**We will have named Viola varieties on our online inventory for you to choose from.**

## **Zinnia      New for 2020!**

### **California Giant**

Annual. Heirloom developed in 1926 and gracing our gardens since then with 4 foot tall branched plants covered in huge 5 inch flowers! Ideal for cutting and long lasting in a vase inside. Open flower shape makes for a very full bouquet. Bright color mix includes yellow, red, maroon, orange and purple. Edible petals are best used after rinsing with cool water. Add to softed goat cheese and spread on crisp crackers or add as a colorful element to herbal sun teas! **New for 2020!**

### **Golden Yellow**

Annual. Bright glowing golden Zinnia with double flowers on well branched stems. Grows to 3 feet in height with 3-4 inch blooms. Attracts lots of pollinators, especially butterflies. Great for cut flowers, edible too! Association of Specialty Cut Flower Growers favorite. Add them to a fresh glass of lemonade for a colorful confetti. **New for 2020!**

### **Lilliput Mix**

Annual. Semi dwarf colorful Zinnia mix great for smaller gardens or containers in pink, yellow, white and red. Flowers are 1 inch pom poms and cover 2 foot tall plants. Great for pollinators including hummingbirds! Zinnias love sunshine and well drained soil. They will bloom all summer long. Add some bright petals to your cooled borscht or mix into egg salad and top crackers with the colorful mix. **New for 2020!**

### **Lilliput Purple**

Annual. Another diminutive Zinnia with bright purple ball shaped flowers on branching 2 foot plants. Loved by butterflies and great for cut flowers. Good for containers and smaller gardens. Edible too! Mix some purple petals in with a refreshing lavender lemonade for a little color sparkle. **New for 2020!**

### **Orange**

Annual. Large blooms reaching 6 inches across on top of a 4 foot plant. Brilliant, pure orange flowers with long stems have a great vase life when cut and brought indoors. Wonderful for attracting butterflies and other pollinators. Toss some of the bright orange petals into a muffin mix or in with fresh beet pickles to add some color.

### **Senora**

Annual. Large dahlia flowered blooms in salmon-orange blushed tones. Great for a cut flower and lasts a long time in water. Blooms are 3-5 inches across, mostly double with some demi-double. Grows up to 40 inches tall! Zinnias love sun and deep watering and good drainage. Trim a few flowers and use the petals in egg salad or decorate cupcakes with other colored petals like confetti. **New for 2020!**

## **Whirlygig**

Annual. Bright bi-colored and solid toned double flowers in multiple combinations bloom on 2 foot tall plants. Branching out to 1 1/2 feet wide. Keep trimming to keep them blooming. Make a great cut flower and a colorful addition to summer potato salads as a sprinkle over the top of each serving. Give them sun and adequate water for a riotous display of colors!

**New for 2020!**

## **Herbs**

### **Agastache**

#### **Licorice Mint**

Herbaceous perennial. Lovely herbaceous perennial grows to 4' when in flower. Flowers are pale lavender and attract bees, butterflies and hummingbirds. Blooms mid-summer and make good cut flowers. Leaves taste like a combination of mint and licorice and are great for tea or infusing in milk for a tasty anise-vanilla ice cream. Full sun.

### **Angelica**

Herbaceous perennial. Grow in sun to partial shade. This garden herb will grow to 3-6 feet tall with striking umbrella like flowers. Mostly known for it's candied stem and licorice flavor. Used as a tea to alleviate gas and stimulate circulation. Also has antimicrobial properties. **New for 2020!**

### **Anise**

Annual. Anise appreciates a long growing season so get it in the ground in early May with some protection. Grows 12 to 24 inches tall and wide, is a beautiful lacy bright green that adds décor to the garden. Covered in umbels of white flowers it is a powerful beneficial insect attractor. To get to seed production will take 120 days but in the meantime trim some fresh leaves to use in a sun tea blend with basil or mint. Use the dried seeds to make your own liqueur. **New for 2020!**

### **Artemesia**

#### **Sweet Annie**

Woody perennial. An extremely aromatic herb, Artemesia is wonderful in the garden and as filler for flower arrangements. Plant can grow to 4' and has barely noticeable yellow flowers in the summer. Artemisia annua or Quinghao, has been used for centuries in Chinese medicine. Recently it has been discovered to be an effective anti-malarial drug. Full sun.

### **Basil**

#### **Amethyst**

Annual. Stunning deep purple, almost black leaf of a Genovese style plant 16-20 inches tall. The curved edge leaves have lots of flavor. Beautiful to tuck into edible ornamental containers on your patio.

#### **Cinnamon**

Annual. Vigorous growth, with a purplish veining on its leaves, and a distinctive cinnamon scent. Use in Middle Eastern or Greek cuisine and Cinnamon Basil ice cream is to die for! Also a beautiful addition to an ornamental container planting. Keep flowers pinched out – use in your recipe that night.

#### **Dark Opal**

Annual. Large deep purple leaves sometimes variegated with green on 18 inch plants. The leaves keep coming all summer long when you pinch out the flowers routinely. A wonderful variety for fresh eating - the dark purple leaves pair beautifully with a tomato and fresh mozzarella salad. Don't forget to eat the flowers you pinch too!

#### **Fino Verde**

Annual. Grows to be a small, dense bush, suitable for containers. The leaves are much smaller than those of most basil. The flavor is similar to that of sweet basil, but somewhat stronger and spicier.

### **Genovese**

Annual. Also called Perfumed Basil. Leaves are small and fine with a strong aroma and potency - perfect for pesto! This is a classic basil for all Italian cooking, Plants grow to several feet in height and about a foot across. Delicious! Pinch out flowers for continuous harvest all summer.

### **Italian Large Leaf**

Annual. The leaves on this basil can grow to be an impressive 4" long! They can be used as a wrap for a variety of stuffings especially since it is sweeter and therefore milder than other basil. The plant will get 18-24" tall and wide.

### **Lemon**

Annual. This is an exciting addition to the world of basil: a basil -- a basil with a lemon/citrus fragrance and flavor which makes it particularly good in vinegar, with fish, in salad dressings & sauces, and in oils. Great in pesto and other standard basil dishes, too. There is no herb more useful than Basil. In a warm, south window, you can grow basil indoors in winter.

### **Lettuce Leaf**

Annual. This basil produces large, luscious leaves on a compact, slower-growing plant. Because it grows slowly, it extends the season which means fresh pesto later in the year! Pinch flowers out as they emerge to keep leaf production going.

### **Pistou**

Annual. This beautiful small leaved basil grows in a compact form that is perfect for containers or even a kitchen windowsill. Spicy taste is great for a garnish but also bold enough for making pesto for a special dish. Keep flowers picked to boost leaf production all summer long. Let bloom at the end of the season just before your last harvest to feed late foraging bees. **New for 2020!**

### **Rosie**

Annual. Rosie is an improved form of 'Rubin' with strong, upright stems. Intense purple red leaves and a mild delicate basil flavor combine for a winning choice for those who are not fond of the stronger basil tastes. Keep the lavender flowers pinched out and watch this plant bush out for you.

### **Thai**

Annual. Strong licorice-anise flavor. 12-18" fine-leaved plant with purple stems, seed heads and flowers. Good container plant as well. 60 days to harvest. Classic basil for Thai recipes. Great for teas. Superb in curry. Pinch out flowers for continuous harvest all summer.

### **Tulsi or Holy Basil**

Annual. Holy Basil is a well known sacred plant in the Hindu religion where the leaves and flowers are used in restorative teas. The leaves are sweetly anise scented and fuzzy on smaller plants to 12 inches. Let flowers open fully to use in teas. Then pinch out to keep the plant producing all summer long. The flowers are also attractive to bees.

### **Bay**

#### **Laurus nobilis**

Woody evergreen perennial. Aromatic evergreen tree that thrives in rich peaty soil. Can grow quite large in the landscape so place it where it can become a tree. Can grow to 20 feet in our climate! Leaves used for flavoring spaghetti sauce, stews, and meat dishes.

### **Catnip**

#### **Nepeta cataria**

Herbaceous perennial. This long-lived perennial herb is used in gardens and landscapes. The leaves are used in salads, sauces, teas, and soups. By the way, cats love it too! (So plant lots!) If you have problems with cats using your beds as litter boxes, plant some catnip on the border and your garden will become a sacred ground rather than a dumping ground!

## **Cedronella**

### **Balm of Gilead**

Herbaceous tender perennial. From the mint family. Grows in sun to part shade. Used fresh or dried in tea, this plant has an aroma reminiscent of cedar an unusual addition to any herb or veggie garden. Grows to 2-3' with delicate pink flowers in summer. **New for 2020!**

## **Chamomile**

### **Anthemis nobilis**

Perennial. Low growing herb that can double as a groundcover in your garden. This Chamomile is loved for its medicinal properties in the sunny yellow eyed, white petaled flowers. Thrives in dry and sandy soil - blooms in late spring.

### **Matricaria recutita**

Annual. Re-seed readily in the garden. Ferny green foliage with tiny, apple-scented, white daisy-like flowers bloom spring through fall. Flowers are harvested for use in teas, baths and hair rinses to bring out blonde highlights. An excellent companion plant in the vegetable garden. A tea of chamomile applied to seedlings is said to prevent dampening-off disease.

## **Chervil**

### **Anthriscus cerefolium**

Perennial. Chervil grows to a height of 20 inches with a spread off about 8 inches. It blooms in mid-summer, producing flat umbels of tiny white flowers. The entire plant is edible and tastes reminiscent of celery. It goes with many dishes, and you can use the hollow stems as straws! It has become one of the classic herbs used in French cookery.

## **Chives**

### **Garden Chives**

Herbaceous perennials. A member of the onion family, this compact perennial makes a great addition to potted combinations and to intersperse in the vegetable garden. Placed well it can be an efficient attractor for beneficial insects through its early summer bloom time. The mild flavored leaves are wonderful for clipping and adding as a garnish on your summer meals. The flowers can be used too if you can bear to cut them off!

### **Garlic Chives**

Herbaceous perennial. A flat-leafed variety of chives with the rich flavor of garlic. Attractive white flowers and leaves are edible. Good for attracting pollinators.

## **Cilantro**

### **Calypso**

Annual. This super leafy, slow bolting cilantro will keep you happily fed with extended summer harvests. Grows to about a foot high and a little wider, loves the sun and is a great choice to tuck into pockets in the veggie garden. Plant starts and follow with seed in other pockets to keep the harvest rolling. Use the cut and come again approach to keep it producing but don't be afraid to let a few go to flower! The flowers are magnets for parasitoid wasps which will take care of the aphids in your garden. The seeds that develop are coriander and are delicious to collect to use for cold weather curries and holiday baking.

### **Confetti**

Annual. This variety of cilantro imparts a more subtle flavor to your salsas and burritos than other types. Harvest quick growing greens for or let it go to seed and collect some for your own coriander. Leave some to regrow multiple crops. The flowers are attractive to pollinators.

### **Cruiser**

Annual. A cilantro with a tidy, upright growth form with strong stems and large fragrant leaves. Bolt resistant. Mix and match with other varieties for a slightly different harvest season. Let some flower and attract beneficial insects to the garden. Harvest seeds for Coriander.

## **Santo**

Annual. Both seed (coriander) and leaves (cilantro) are used in numerous cuisines from around the world. Often associated with Mexican dishes, this strong scented herb grows out with flat, toothed leaves for chopping into salsas and other preparations. Easy to grow and tolerant of cooler conditions.

## **Comfrey**

### ***Symphytum officinale***

Herbaceous perennial. Comfrey is used today in lip balms and topical creams due to its healing properties. In the garden comfrey is valued as a biomass crop because it can be cut to the ground several times a year and the large leaves are an excellent mulch or compost addition. Comfrey is very difficult to remove once established and can reseed easily. Comfrey is best planted in an area of the garden that is rarely used like the back fence or near the garbage cans!

## **Cumin**

### ***Cuminum cyminum***

Annual. Another relative of the carrot family, cumin is used as a lovely warm and spicy flavoring for savory dishes. Growing cumin is like growing cilantro except that cumin generally grows taller. To get the seed you need to let them flower fully and this is a great bonus for beneficial insects and pollinators who love these flowers! Allow the pods to ripen fully on the plants and then hang upside down in a bag indoors to collect the seed. **New for 2020!**

## **Curry Plant**

### ***Helichrysum italicum***

Woody perennial. Grows to 2' with tiny, yellow flowers in summer. Curry plant is not considered a culinary herb, as it does not taste as good as it smells. When brushed, the leaves release a strong curry scent, reminiscent of your favorite curry dishes! Extremely drought tolerant.

## **Dill**

### **Bouquet**

Annual. This graceful annual grows to 2 feet tall and is covered in insect attracting umbels of yellow flowers. Use the heavenly scented leaves in fresh summer recipes. Large flower heads will net you abundant seeds for pickling later in the season. Plant in well drained organic soil.

### **Hercules**

Annual. A tall variety of dill that produces lots of fresh greens and seed for a summer's worth of potato salads, pickling and just smelling fantastic in the garden. The blooms will attract a variety of pollinators and beneficial insects. Parasitoid wasps are especially attracted to plants in this family with their umbrella shaped flowers and will make short work of any aphids you have in the garden.

## **Epazote**

### ***Dysphania ambrosioides***

Epazote is native to Central and South America and popular used in Mexican dishes. A savory herb said to relieve some of the 'gassy' properties of beans if thrown in the pot while cooking. Can also be used as a vermifuge. Leaves dry well for winter use. Grows up to 3' tall and is considered an annual in our climate.

## **Feverfew**

### **Golden**

Annual. Single white daisy-like flowers are produced all season. Its golden leaves make it an attractive edging plant. Rumored to ease the pain of migraine headaches. Prefers full sun. Height 16-24". Attracts ladybugs.

## **Hops**

### **Brewer's Gold**

Deciduous perennial vine. Growing to 25' annually. Developed in England in 1919 using a wild hop sourced from Manitoba, Canada. Used for late bittering with notes of spice and currant. This variety has been used to breed other varieties like 'Nugget' and 'Centennial'.

### **Cascade**

Deciduous perennial vine. Growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. Cascade hops impart a citrus-floral aroma to beer and is used in popular beers such as Sierra Nevada Pale Ale and my favorite, Mirror Pond Pale Ale, by the Deschutes Brewing Company. If you are a homebrewer you've likely noticed hop prices have recently skyrocketed. All the more reason to grow your own!

### **Chinook**

Deciduous perennial vine. Growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. Chinook hops imparts an apricot-floral aroma to beer much like Cascade hops but with a higher alpha content (12 - 14%) which produces that classic Northwest IPA bitterness. The Chinook variety of hops was developed in Washington State in the 1980's. Necessary for any NW IPA or Imperial IPA homebrews! **New for 2020!**

### **Centennial**

Deciduous perennial vine. Growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. A medium-high alpha acid (about 10%) bittering hop reminiscent of Cascade but without the floral aroma. Developed by WSU Prosser in the 1990s and named for Washington State's centennial celebration, Centennial hops are designed to be used as both an aroma and bittering hop and lend the citrus bite we love in our Pale Ales, IPAs and Imperial IPAs.

### **Columbus**

Deciduous perennial vine. Growing to 25' annually. A dual purpose choice for Northwest brewers, these hops can be used for aroma or bittering in your home brews. Imparts a bit of a citrus note to your beer. Can be used as a single hop or combined. **New for 2020!**

### **Golding**

Deciduous perennial vine. Growing to 25' annually. Originating from English aroma varieties cultivated since 1790. Golding comes from the Canterbury strain - named for the region in England. Small moderate size cones with delicate and sweet floral notes.

### **Mt. Hood**

Deciduous perennial vine. Growing to 25' annually. This aroma hop brings herbal and pungent flavors to the mix. Bred in Oregon in 1989. This is a hybrid of the classic German 'Hallertau' with similar aroma. It has been described as a foresty hops, good for earthy overtones. New shoots are edible too – cook like asparagus. Tolerant to downy mildew with medium sized cones.

### **Nugget**

Deciduous perennial vine. Growing to 25' annually. Released for sale in 1982 by the USDA and is the second most common hops grown in Oregon. Known for its bittering factor it puts the hoppyness into your beer. It also has a nice herbal aroma which helps to mellow it out. Moderately resistant to common northwest hops diseases like mildew and rungs spot virus. **New for 2020!**

### **Tettnanger**

Deciduous perennial vine. Growing to 20" annually. Originating in the Tettngang district of Germany, this variety of hops has an especially mild aroma - excellent for finishing lagers. This vine also has beautiful purple-tinged leaves with white flowers. Full sun. **New for 2020!**

### **Willamette**

Deciduous perennial vine. Growing to 25' annually. Young shoots can be eaten like asparagus and dried flowers are used to brew beer. Willamette is a triploid aroma-type hop and is very popular for making ales and lagers. Alpha acids are 4 - 6%, which gives your brew the hop flavor with only moderate bitterness.

## **Horseradish**

### **Armoracia rusticana**

Herbaceous perennial. Grows to 2' tall and 18" wide. Leaves are spear-shaped and crinkly and grow from the root each spring. To harvest the root, dig in fall. Be sure to replant some of the root to ensure a harvest for the following year's harvest. Horseradish is an excellent companion to potatoes.

## **Hyssop**

### **Hyssopus officinalis**

Herbaceous perennial. This decorative and long-lasting perennial herb has been widely used since ancient times. The plant grows 2 feet tall and spreads about a foot. The purple-blue flowers are about an inch ¼ inch long and are carried in long, narrow spikes. All parts of the plant give off a strong aroma. Leaves have a slightly bitter, minty taste. A few leaves can be used in savory dishes such as rich stews and in marinades. Flowers can be used as an attractive garnish and in salads.

## **Lavender - English**

### **Edelweiss**

Woody Evergreen Perennial. A white flowering form with a good fragrance, growing to 24 inches high. Buds have a slight pinkish purple blush but they open to a clean white. Great for gathering fresh or for making wands interwoven with other purple long stemmed lavenders. Great for beneficial insects too! **New for 2020!**

### **Folgate**

Woody Evergreen Perennial. Compact 2 foot plants are neat and tidy with upright flower stalks on narrow leaved, gray green foliage. Lovely dark buds open into periwinkle flowers, great for crafting. Mild and sweet this is also an excellent variety for culinary use.

### **Hidcote Blue**

Woody Evergreen Perennial. Hidcote Blue is an improved strain of the classic Hidcote - one of the most well known English Lavenders growing around the world. Floer spikes are a little darker purple and bear a very sweet scent. Compact in size growing to 1 foot tall by 2 feet wide - sometimes a little larger. Beloved of bees and other pollinators. Stand back and let this bloom this summer! English lavender is great for drying and using in potpurris but especially nice for cooking with as the camphor component is very low. Harvest in the tight bud stage to dry as flowers. **New for 2020!**

### **Hidcote Pink**

Woody Evergreen Perennial. A lavender flower that is actually pink! Slender, delicate flowers are perfect for dried flower arrangements. Plants grow more open unless they are trimmed right after blooming. Very low maintenance and grows 2' by 2'. **New for 2020!**

### **Munstead**

Woody Evergreen Perennial. The classic English variety, this is a great lavender to use for dry flowers and herbal concoctions. Compact in nature with small leaves, Munstead flowers early and is very aromatic. Plant in loose, well-drained soil in full sun.

### **Purple Bouquet**

Woody Evergreen Perennial. This is one striking lavender, with bright green leaves and a dark purple flower. Blooms twice for double the effect! Good for culinary use and also for pollinators. Grows 20 inches tall by 30 inches wide.

### **Sarah**

Woody evergreen perennial. Compact at 12 inches in height, Sarah is a great size for container planting. Flowers open to lavender petals on top of a deep purple receptacle. Sweet smelling, great choice for teas and adding to sugar for baking. Lavender appreciates well drained soil and lots of sun. Pollinator magnets! **New for 2020!**

### **Tucker's Early Purple**

Woody evergreen perennial. Named for Professor A.O. Tucker from Delaware State University - crossed between 'Mitchum Grey' and 'Irene Doyle'. This is a compact and upright lavender growing 2 feet high by 3 feet wide. Bloom is early and will rebloom in the fall if the flowers are trimmed off after bloom. Very fragrant and very good for drying. Trim your first bloom while tight in the bud to dry and let re-bloom for the late summer pollinators. **New for 2020!**

### **Lavender - French**

#### **Cascade Velvet**

Woody Evergreen Perennial. The dark velvety flowers of this lavender are wonderful complements to brighter flower colors in your summer garden. Attracting every known pollinator for miles, these plants buzz with life throughout their long blooming period. The sweet fragrance of this English Lavender will delight your senses too. Long flower stems on a two foot plant.

#### **Goodwin Creek**

Woody Evergreen Perennial. Large, gray-green fuzzy foliage on a rather large plant which reaches 3' x 4' at maturity. Blooms freely; long lavender wands carry small, very dark purple flowers for a long period in the summer!

#### **Gros Bleu**

Woody evergreen perennial. This French lavender has very long stems - up to 2 feet in length - making it a prize for harvesting for lavender wands or dried bouquets. Gray green foliage contrasts with the dark violet flowers. Grows into a rounded 2 foot tall shrub (pre-flower). One of the darkest of the French lavenders. Harvest tight in the bud for wands or let fully open to attract pollinators. Lavender is a bee magnet! **New for 2020!**

#### **Grosso**

Woody Evergreen Perennial. A popular variety with fat flower spikes on long stems makes this choice great for dried flower arrangements. With its mounding and spreading form it makes a fragrant and attractive hedge around the vegetable garden. Highly attractive to pollinators and other beneficial insects. All lavenders appreciate good drainage.

#### **Provence**

Woody Evergreen Perennial. One of the most popular lavenders, this long spiked, long flowered beauty is perfect for making wands. Strips easily from the stem for collecting flowers for sachets. Long bloom time through mid-summer. Highly attractive to pollinators and other beneficial insects. Interplant into your vegetable beds as a permanent planting.

### **Lavender - Spanish**

#### **Otto Quast**

Woody Evergreen Perennial. This lavender is hardier than most of the other Spanish varieties. The adorable flower stalks have an unusual bract with a closed 'cob'-like look and a few open flowers bursting from the top. The fragrance is not as powerful as other types, but the charming flowers make up for it. All lavenders appreciate good drainage.

### **Lemon Balm**

#### **Melissa officinalis - Golden**

Herbaceous perennial. Golden lemon balm sports a brighter green shade than the classic green we all know and love. But it has the same traits of the bright lemony scent and taste to the leaves and the bee attracting flowers in the summer. Lemon Balm will self seed in the garden so place it where you want more to appear. Use in sun teas, potpourris or as a fresh cut stem to add to flower bouquets with your zinnias or marigolds. **New for 2020!**

#### **Melissa officinalis**

Wonderful lemon-scented herb used in teas or fresh bouquets. Attracts beneficial insects and is a must for the organic garden. Spreads by underground runners and is best grown where it can be contained! Make sure to cut back the plant after flowering but before the seed matures to prevent reseeding.

## **Lemon Grass**

### **Cymbopogon flexuosus**

Tender perennial - bring inside for winter or start over next summer. Lemongrass is an ingredient often used in southeast Asian and Indian recipes. Grows vigorously in full sun, but is not frost tolerant. The long blades can reach 3' tall in a season and are really stunning in a container planting. Oddly enough, lemon grass is very popular with cats who like to chew on the leaves. **New for 2020!**

## **Lemon Verbena**

### **Aloysia triphylla**

Tender perennial, grow in protected area. Delicious lemon scented leaves can be used in iced drinks, sorbet, and candied for cake decorations. This plant is by far the lemoniest of them all! Open growth habit with open white clusters of flowers in summer. Full sun, good drainage.

## **Lovage**

### **Levisticum officinale**

Herbaceous perennial. With a flavor much like celery, lovage makes a dramatic impact in the garden with its glossy green leaves. Umbel-shaped flowers bloom mid summer. Seeds can be dried and used like celery seed. This perennial herb grows in both full sun to part shade to 5'. Lovage is one of the most versatile and under-utilized herbs in the kitchen. Leaves can flavor stocks, hollow stems make cool straws for Bloody Marys and seeds are great for adding flavor to pickles! Plus, it grows well in the marginal, semi-shady parts of the garden and blends well with ornamentals and edibles.

## **Marjoram**

### **Golden Upright Marjoram**

Evergreen perennial. Grows to 12", slowly spreading by creeping roots and stems. Upright growth with bright, golden leaves and white and mauve flowers which add a splash of color to the herb garden or perennial landscape. The scent and flavor are not as strong as sweet marjoram. Plant in well-drained soil in full sun. **New for 2020!**

### **Hardy**

Evergreen perennial. Hardy marjoram is a great addition to your herb collection. Fragrant and tasty leaves are good for soup, stews, casseroles and even medicinal teas. Beautiful white flowers attract a plethora of pollinators to your edible garden. The flavor of marjoram is similar to Oregano with less of a bite. Place it in a space it can grow and fill out into for years.

### **Sweet**

Evergreen perennial. Grows to 12", slowly spreading by creeping roots and stems. Marjoram is sometimes overlooked as an important culinary herb. With a flavor similar to oregano but much sweeter and subtler, it can be used in similar dishes. Very good with fish and meats. Its subtle flavor can be lost with cooking, so add to dishes towards the end of cooking time.

## **Mint**

### **Apple**

Herbaceous perennial. Apple mint has a pleasant, fruity taste and is sweeter than other mints. It has wrinkled, round leaves and can grow to a height of 2 feet. Grows best in rich, moist soil and partial shade. Lilac and cream flowers appear in late summer. Used mainly for culinary purposes and its milder taste makes it ideal for use in fruit salads and fruit cups and punches. Dried apple mint leaves retain their scent and make excellent potpourri.

### **Basil**

Herbaceous perennial. Spreading mint with upright stems up to 1 1/2 feet tall. Bright green leaves with a reddish toned stem. Pale purple flowers attract pollinators. All parts are edible and this mint has a sweet and spicy fragrance suitable for savory cooking. Related to 'Chocolate' mint in parentage. Try this unique mint in yogurt and feta dips to go with lamb burgers or spread over grilled veggies. Or try a sun tea on a hot summer day for a refreshing but spicy sweet flavor. **New for 2020!**

### **Berries & Crème**

Herbaceous perennial. Attractive dark green rounded leaves form a compact plant. Flavor of leaves is minty with hints of fruit. Prefers partial shade and regular watering. Best to grow in a pot to keep in bounds.

### **Chocolate Peppermint**

Herbaceous perennial. Bronzy foliage with a surprising, fresh chocolate scent and flavor. 24" tall, partial shade to full sun. Mint should be potted unless you want it to naturalize.

### **Ginger**

Herbaceous perennial. Green and yellow variegated leaves have a lovely spicy ginger scent. This mint grows best in shady areas and is a stunning addition to mixed containers. Try it in an home made gelato or summer ice.

### **Grapefruit**

Herbaceous perennial. A yummy citrus-scented mint with large, fuzzy leaves. Flowers are also highly scented and edible. Attracts beneficial insects to the garden, but spreads vigorously so be careful!

### **Julep**

Herbaceous perennial. Spreading - with green leaves and spearmint scent and flavor. Excellent for making summer mint juleps and mojitos! Attracts beneficial insects. Spreads by underground runners and should be planted where it can be contained.

### **Kentucky Colonel**

Herbaceous perennial. An improved spearmint variety that is great for summer coolers and cocktails. Try a plant of 'Mojito', 'Julep' and 'Kentucky Colonel' and fine tune which works best for which drink! Keep in a pot unless you want a large stand of mint in your garden. Grows to two feet tall and wide and makes a lovely fragrant plant for a front porch entry where you can brush against it.

### **Lemon**

Herbaceous perennial. Bright green leaves with a pronounced lemon scent and flavor. Purple flowers later in summer are great for pollinators; butterflies especially love mint flowers. Use in any recipe you would use a lemon scented herb for and get the plus of the minty flavor too. Make sun tea, add to dips, use in your favorite summer cocktail. Keep containerized to prevent spread into the garden beds.

### **Lime**

Herbaceous perennial. Bright green leaves and purple flowers feature a pronounced lime scent and flavor. Can be used to enhance any recipe calling for lime - try some blended in your margarita or add some to your next Thai curry. Prefers moist soil and part shade.

### **Mojito**

Herbaceous perennial. The quintessential mojito mint with a sweet, warm flavor. Vigorous plants with bright white flowers are great for large potted gardens. Keep moist for best growth.

### **Moroccan Mint**

Herbaceous perennial. A variety of peppermint especially good for tea. Also great used in Mediterranean and Moroccan dishes like couscous, tagines and yogurt sauces.

### **Peppermint Candy**

Herbaceous perennial. Deep green leaves and dense clusters of white flowers in summer. Preferred variety for peppermint flavoring in cooking. Spreads by underground runners and should be planted where it can be contained.

### **Pineapple Variegated**

Herbaceous perennial. Stiff stems grow to 20 - 30" tall, leaves are green with white markings. Leaves have the faint scent of pineapple. This variety is less vigorous than other mints and will still spread. Beautiful variegation makes it a natural for combining with other summer flowers and herbs in pots.

## **Orange**

Herbaceous perennial. Bronze-green round leaves and blue flowers give off a strong citrus-mint scent and flavor similar to bergamot. Throw some leaves into your sun tea for a treat. Prefers moist soil and part shade.

## **Spearmint**

Herbaceous perennial. Sweet-smelling and prolific, spearmint has a wide range of uses and is preferred for Mojitos and Mint Juleps. Excellent landscape plant with pink flowers. Spreads aggressively. Attracts beneficial insects.

## **Strawberry**

Herbaceous perennial. Strawberry mint is a delightfully compact plant with small crinkled leaves that makes an attractive container plant on a semi shaded doorstep or in a hanging basket mixed with edible flowers. Mint loves regular watering and to be kept out of hot afternoon sun. The leaves have a fruity scent and flavor. Try it in iced teas or ice cream! **New for 2020!**

## **Yerba Buena**

Herbaceous perennial. Vigorous growing mint that is best containerized in a large pot to give it room to fill out. Harvest the abundant leaves in the summer to use in cool drinks, cocktails and making fresh ice cream. Mint also has tummy soothing properties and when let bloom will attract butterflies and bees. Leaves can be dried to use in neck warming pillows or in sachets. Toss a fresh cup of leaves into a hot bath for a lovely aroma. **New for 2020!**

## **Motherwort**

### **Leonurus cardiaca**

Make space for a Motherwort plant in your herbal garden. This perennial, mint family relative can grow to five feet tall and two feet wide and makes a striking statement with its oak shaped, alternating leaves. Flowers appear in whorls amongst the leaves at the tops of the stems, a pale pink-purple in summer months. Fresh or dried flowers can be used to make a tea, added as a flavoring to beer or as a flavoring in split pea and lentil soups. Prefers semi-moist and partially shady garden beds.

## **Oregano**

### **Golden**

Woody evergreen perennial. Oregano is a great plant to incorporate into your landscape because it serves as a fragrant and colorful groundcover. Grows well in rockery areas where the golden leaves can contrast with other low growers like creeping thyme or phlox. Pale lavender flowers attract pollinators and are great for dried arrangements. Mild spicy flavor is great for teas, drying and using fresh as you would any oregano. **New for 2020!**

### **Greek**

Woody evergreen perennial. True oregano with a wonderful spicy flavor. Tiny white flowers and is very hardy when established. Great plant for attracting beneficial insects! Try it mixed with cinnamon and basil in spaghetti sauce. Let some bloom for the beneficial insects.

### **Italian**

Woody evergreen perennial. Italian oregano is a bit spicier than Greek Oregano, with sweet overtones of its cousin, Sweet Marjoram. Plant strategically in the veggie garden to bring in the pollinators. Oregano will self sow. Use as a tea or in savory cooked dishes. Flowers attract pollinators.

## **Parsley**

### **Curly**

Biennial – blooms and seeds in second or third year. Short-stemmed parsley with curly leaves. Nutritious raw or as a seasoning. A biennial, it grows best in full sun and well-drained soil. Add to smoothies, mix into soups. Freeze with oil in ice cube trays for fresh winter use.

## **Giant Italian**

Biennial – blooms and seeds in second or third year. Flat and deeply cut leaves on stocky stems. Aromatic flavor makes it the best parsley for drying. It grows best in full sun and well-drained soil. Expect this plant to reach at least 20 inches tall and as a biennial look for flowers and seed in the second year. You can let it self sow for continuous crops over the years.

## **Patchouli**

### **Pogostemon cablin**

Tender woody perennial. Grows about 2 feet tall with fuzzy green leaves and purple and white blooms from tall erect stems. A member of the mint family, this spicy fragrancd herb does well in containers where you can keep it regularly watered. Can bring it indoors in the fall to keep it safe from our winter rains and cold. **New for 2020!**

## **Rau Ram**

### **Vietnamese Corriander**

Herbaceous perennial. Vietnamese coriander is used in Southeast Asian cooking. Other English names for the herb include Vietnamese mint, Vietnamese cilantro, Cambodian mint and hot mint. Grows best in sunny, damp conditions. The top of its leaf is dark green, with chestnut-colored spots while the leaf's bottom is burgundy red. Attractive enough to also be used as an ornamental plant.

## **Rosemary**

### **Arp**

Woody evergreen perennial. Rosemary loves sun, well-drained soil and works well in areas of low water use. Arp has airy green-gray foliage with pale blue flowers that bloom mid-summer to fall. A classic culinary variety. Slight lemon flavor to leaves. Grows to 4 ft.

### **Barbeque**

Woody evergreen perennial. This rosemary is very upright, can grow to 4-6 ft tall, but takes to pruning well. Great rosemary flavor, use the stalks as skewers for grilling. Prefers full sun and well-drained soil. Blooms blue in early spring. Favorite of hummingbirds.

### **Hill Hardy**

Woody evergreen perennial. Irregular branching rosemary growing 3 feet wide and tall. Blooms in early to mid spring with light blue flowers, attractive to early pollinators. Drought resistant and hardy to cold temperatures - don't pamper this plant!

### **Lockwood de Forest**

Woody evergreen perennial. This prostrate rosemary grows to 2 feet in height and spreads to at least 6 feet or more. Great for covering a rockery or cascading over a wall. The pale blue flowers first appear in late fall and winter when it is a favorite of overwintering Anna's hummingbirds. Flowers continue to bloom through spring. Resistant to predation by herbivores. Drought tolerant if well established. Use as you would any rosemary.

### **Prostrate**

Woody evergreen perennial. This draping rosemary spreads 2 to 3 feet across rockeries or over walls or containers while staying only 2 feet tall maximum. Rosemary is drought tolerant as long as it is well established and watered during the hottest summer weather. Pale blue flowers bloom spring through summer and are favorites of Anna's Hummingbirds in early spring. Use as you would any Rosemary, trimming pieces to dry, to use fresh in soups, with meats or roasting with vegetables. **New for 2020!**

### **Santa Barbara**

Woody evergreen perennial. A somewhat prostrate form of Rosemary with dark blue flowers in early spring. Upright growth combined with low sweeping prostrate form makes this a great plant for covering a swath of ground. Great choice for topiaries and excellent culinary variety.

## **Tuscan Blue**

Woody evergreen perennial Rosemary loves sun, well drained soil and is good for areas of low water use. Blossoms are a delicate pale blue and start blooming in the winter. Fine leaves with a distinct pine scent. Hardy to 10 degrees F. Use cut stems to surround a roasting chicken, add dried leaves to herb blends to season a plethora of dishes.

## **Sage**

### **Berggarten**

Woody evergreen perennial Known all over the world as a choice culinary strain, Berggarten is a vigorous low-growing sage. Each 12 inch plant will reward you with large blue-gray leaves and an intoxicating aroma.

### **Berggarten Variegated**

Woody evergreen perennial Just like the green 'Berggarten' this variegated variety grows into a mounding evergreen, woody shrub 2 feet wide and high. A great culinary sage that is also super decorative and handsome in your landscape. The later summer bloom is a good pollinator flower too.

## **Garden**

Woody evergreen perennial With its lemony-camphor fragrance and delicate blue flowers, *Salvia officinalis* is an important part of any kitchen garden. A shrubby evergreen perennial, it has strongly textured velvety gray green leaves that last all year long. Grow in well draining soil in full sun. Stems become woody as the plant matures.

## **Golden**

Woody evergreen perennial Brightly variegated gold and green leaves, hardy and compact plant to 18". Use as a culinary and an ornamental plant. Hardy to 20F, appreciates great drainage, full sun.

## **Purple**

Woody evergreen perennial Purple sage is a shrubby perennial that will grace your garden for many years to come. Use as you would common garden sage, this choice offers a lovely purple tint to the leaves, especially the new growth, that makes a lovely contrast among other green plants. Prefers dry soils and little fussing. Great used as a flavoring for soups, roasted turkey and other fowl and with pumpkin ravioli. Let parts of the plant flower to attract beneficial insects and cut some for lovely bedside bouquets.

## **Tricolor**

Tricolor sage has somewhat broad leaves with green centers with white and purple edges. Same growth habit and taste as common sage. Full sun.

## **Salad Burnet**

### **Sanguisorba minor**

Herbaceous perennial. Cucumber-flavored leaves makes salad burnet is a must for any salad! This low-growing herb has unusual red ball-shaped flowers. Salad Burnet is drought tolerant once established and grows in full sun to part shade. Basal rosette of finely divided leaves sports a tall set of pinkish red flowers in the summer.

## **Savory**

### **Summer**

Annual. Grows up to 18 inches tall. It has small bronze-green leaves and very small white or lavender flowers. Summer savory is sweeter and has a more delicate aroma than winter savory. Summer savory is a characteristic ingredient in herbes de Provence, it is also widely used as a seasoning for grilled meats and barbecues, as well as in stews and sauces.

### **Winter**

Perennial cousin to summer savory with thicker and shinier leaves. Flavor is more pungent and biting. Essential oils are antifungal, anti-bacterial, and antioxidant. Small, white flowers mid-summer.

## **Scented Geranium**

### **Apricot**

Annual. Sweetly fruity scent of leaves are wonderful to place where you brush against them in your walkway or on a sunny set of stairs. Sturdy frilled leaves are topped by cherry and fuchsia flowers with white throats. Try scented geranium as a compliment to lavender in your lemonade or steep in oil with other medicinal herbs and use for home made salves. Scented geraniums can be wintered over indoors. **New for 2020!**

### **Attar of Roses**

Annual. Rose-scented leaves and clusters of pale pink flowers cover the plant in late summer. Flowers are great for candying. The flowers make attractive confetti when used in sorbets and jellies. Scented geraniums can be wintered over indoors. **New for 2020!**

### **Coconut**

Annual. This sweet geranium has small, rounded leaves with crinkly edges that forms a dense mound. The fragrance is sweet coconut. Small, lavender flowers bloom in clusters are decorative too. To 1 ft tall. Wonderful in mixed pots of flowers. Scented geraniums can be wintered over indoors.

### **Ginger**

Annual. Soft ruffled leaves and tiny rose colored flowers grace this scented beauty. Growing to about 2 feet tall the ginger scented leaves make a wonderful addition to iced teas and for scenting sugar for desserts. Plant it in a sunny spot; great for pots! Scented geraniums can be wintered over indoors.

### **Golden Clorinda**

Annual. This scented geranium does double duty with its large bright pink blooms on the woodland scented foliage. Use where people might brush by it in the garden or be encouraged to touch! Loves sun and has a sprawling habit. Scented geraniums can be wintered over indoors.

### **Greengene Green Lime**

Annual. A delightful and upright plant with delicate white flowers and a fresh lime fragrance. Combine with other summer annuals for a decorative planter or place a few into your veggie beds for pollinator attraction. Lime flavored leaves go well with lemonade, flavoring candies and adding to tea. Scented geraniums can be wintered over indoors.

### **Filbert**

Annual. Bright cherry red flowers adorn this lovely hazelnut scented geranium all summer long. Add to pots on a sunny porch or tuck them into your herb garden for some summer color and form. Crinkled leaves make a lovely addition to fresh potpourri and summer iced teas. Scented geraniums can be wintered over indoors.

### **French Lace**

Annual. This scented geranium has frilly variegated foliage and a sweet and fresh lemon scent on upright plants. Pink flowers with a dark pink center add to the beauty of this plant. Try some leaves steeped for tea or flavor homemade candies. Scented geraniums do very well in pots and look lovely in mixed arrangements. Scented geraniums can be wintered over indoors.

### **Lemon Fizz**

Annual. Large leaved lemon scented geranium with bi-colored pink flowers. Fills out a pot all on its own - add some trailing lobelia to brighten the edges. Place it where you can brush against it as you pass by for a wonderful fragrant surprise. Scented Geraniums are great to add to lemonade or tea for a fresh summer cooler. Scented geraniums can be wintered over indoors.

### **Mabel Gray**

Annual. Mabel Gray grows to two feet in height with a bushy form and maple shaped leaves. Small orchid pink flowers later in the summer grace the fragrant plant. Tasty for tea, decorating desserts and adding to sorbets. Place it where you will brush against it and release its lovely scent. Scented geraniums can be wintered over indoors.

## **Nutmeg**

Annual. One of the hardier of the scented Geraniums 'Nutmeg' can often survive northwest winters, especially when protected from colder winds. Sprays of tiny white flowers against the small wavy leaves are decorative as well as tasty. Pot them up for a sunny porch where you sit and have your morning tea. The spicy fragrance will be a welcome morning greeting. Scented geraniums can be wintered over indoors.

## **Old Fashioned Rose**

Annual. Deeply cut and crinkly leaves on a robust and full plant are strongly rose perfumed. The heady fragrance is emitted when you pick the leaves or brush against the plant so place it where you can interact with it! Small pale pink flowers decorate the plant all summer if you keep the fading flowers deadheaded. Toss a few leaves or flowers into lemonade, water or even hot tea to drink in the delightful summer fragrance. Scented geraniums can be wintered over indoors.

## **Prince Rupert Lemon**

Annual. Variegated upright scented geranium that smells of lemon. Full form and very floriferous. With crinkly leaves and soft pink flowers, a winner in a pot! Tender plant. Scented geraniums can be wintered over indoors.

## **Shiso**

### **Britton**

Annual. Sporting beautiful green leaves with red undersides, this shiso is a must for sushi wraps and garnishes. The plants and leaves themselves are larger than the red and green varieties. Shiso has a lovely combo scent and taste of mint mixed with basil. Try using the leaves as additions to fresh pickled vegetables too. The flowers are also edible. **New for 2020!**

### **Green**

Annual. Green shiso grows to 3 feet high, is bushy and belongs in the mint family. It prefers well-drained, moist soil and at least half day sun. The leaf taste is a mix of mint and basil, with a lemon flavor too. Shiso leaves can be sliced very thin and added fresh to salads or used as a flavoring in fresh pickles. Try them in fried rice too! **New for 2020!**

### **Red**

Annual. Used traditionally to color umeboshi, pickled plum, this bright red leaf can also be used to make a summer juice. Full of anthocyanins, calcium and iron, add them to a soup or wrap them around home made sushi for some home made health. You can also use the flower buds and seeds. **New for 2020!**

## **Sorrel**

### **Garden Sorrel**

Herbaceous perennial. Large-leafed greens have a very sour, lemon flavor. Delicious in soups and salads, high in vitamin C. Grows well in sun or part shade. Very drought tolerant. An all-time kid favorite!

### **French**

Herbaceous perennial. French Sorrel is a perennial that grows in a leafy clump. It has a faint taste of lemon and is full of vitamin C, A, and iron. Grows to 18 inches and has medium-green, thick, large spinach-like leaves. French Sorrel likes moist, but well draining soils and will grow in part shade as well as full sun.

## **Stevia**

### **Stevia rebaudiana**

Tender perennial. Also called Sweet Herb of Paraguay, Stevia is probably the sweetest plant in the world. It contains stevioside, which is 300 times sweeter than sugar without the calories! Perfect for iced tea, or leaves can be dried, ground, and added to recipes. Full sun, mulch in winter.

## Tarragon

### French

Herbaceous Perennial. Tarragon, a member of the Asteraceae family, is closely allied to Wormwood. Cultivated for the use of its aromatic leaves in seasoning, salads, etc., and in the preparation of Tarragon vinegar. It grows to a height of about 2 feet and has long, narrow leaves. **New for 2020!**

## Thyme

### Archer's Gold

Woody evergreen perennial. This cheerful, evergreen mounding thyme has bright gold and green variegated foliage. Tuck it into the edges of a sunny pathway where the sweet lemony scent will be released when you brush past it. Add it to marinades for your summer BBQ and tuck it into a planked salmon for a real treat. Looks good in containers and rockeries too! **New for 2020!**

### English Companion

Woody Evergreen Perennial. English thyme is a classic in the culinary garden growing to a foot tall. Great for aroma in the garden as well and a powerful pollinator plant. Use thyme with a blend of other summer herbs or single it out as a savory addition to creamed butter for fresh roasted corn. Trim flowers after fully bloomed in order to keep your pollinators happy.

### English Tabor

Woody evergreen perennial. A lovely mounding thyme with wide fresh green leaves. Grows to a foot high and wide. Sweet and savory flavor, milder than other thyme varieties. Beautiful pink flowers in the summer attract tons of beneficial insects - place it near your tomatoes for bringing in the bumblebees! Thyme is great for all savory dishes, as an herbal element to add to ice cream, makes a great tea that has antimicrobial properties. **New for 2020!**

### Faustinoi

Woody Evergreen Perennial. One of the sweetest and spiciest flavored thymes, preferred in French cuisine. Compact form with upright stems covered in tiny deep green leaves and covered in pink flowers. Bees and butterflies love thyme so let it flower fully for pollinators. Plant a few just for harvest too, which is best done before the flowers fully form. Thyme is used in soups, stews, to flavor meats and veggies and potatoes. Bon appetit! **New for 2020!**

### Lemon Variegated

Woody evergreen perennial. This sweet thyme boasts variegated leaves on a spreading low growing plant. Lemony fragrance add to the flavor and go well with fish and fowl. Snip a few sprigs for a fresh thyme tea, add to salads or mix into homemade ice cream. Evergreen leaves shine in the winter garden.

### Lime

Woody evergreen perennial. Growing to a low mounding height of six inches, Lime Thyme can double as a groundcover in your perennial edible garden. It has a delicate citrus overtone and is an ace at attracting beneficials and bees to its light pink flowers in the late spring.

### Silver

Woody evergreen perennial. This is a lovely variegated thyme that provides a bright a crisp accent in your garden. Add to shrub borders, veggie raised beds or tuck into a pot on a sunny patio. Trim the ends to add to roasting veggies or a fall soup from this evergreen plant.

### Sparkling Bright

Woody evergreen perennial. Green and white variegated evergreen leaves topped with delicate pink flowers in spring. Growing to only 6 inches in height it is a great choice for rockeries and the front of perennial borders. Let flowers fully open to attract pollinators; bees love thyme! If you want to trim for drying cut before the flowers appear. Thyme goes well with so many savory dishes and pairs well with other Mediterranean herbs. **New for 2020!**

## **Valerian**

### **Valeriana officinalis**

Herbaceous perennial. A lovely hardy plant with ferny leaves and white flower heads with a pink tinge. The flowers have a nice smell, but the rest of the plant smells fetid. The roots are used to make a tea effective for insomnia. Valerian doesn't taste good by itself, so mix it with a lemony tea.

## **Pollinator Plants**

### **Amaranth**

#### **Coral Fountain**

Annual. Growing anywhere from 3 to 5 feet tall, 'Coral Fountain' has large tassels of coral pink flowers that cascade from the stem. Great for cut flowers, also edible seeds if left to bear in the fall. The leaves are also edible and good to add to salads but this great flower will be a powerful pollinator asset in your garden. Combine with other Amaranths for a fantastic display.

### **Arnica**

Herbaceous perennial. Hardy in the northwest but clumps will die back over the winter and reprot the next spring. Beautiful golden flowers on long stems are potent pollinator attractors. Prefers some moisture and does well in acidic northwest soils. Native to alpine areas - in the lowlands be sure to keep it out of super sunny areas. **New for 2020!**

### **Beach Strawberry**

#### **Fragaria chiloensis**

Semi – evergreen perennial. Spreading groundcover for sunny areas. Grows up to ten inches in height and spreads by runners. Lovely dark green leaves with silvery undersides. Half inch juicy and flavorful fruits develop after flowering April through June. Don't pamper these little plants - they like sun and sandy soil. Sara Orangetip butterflies are attracted to the flowers and many ground feeding birds eat the fruit.

### **Bee Balm**

#### **Monarda didyma**

Herbaceous perennial. Bee balm does more than attract bees, which it is a champ at doing! Hummingbirds also love this beauty, coming in close while you sit and watch. The flowers are loved by butterflies and moths too. A member of the mint family, the leaves are sweetly fragrant and good for tea. Wonderfully brilliant red flowers are good cut flowers too! **New for 2020!**

### **Broadleaf Lupine**

#### **Lupinus latifolius**

Herbaceous perennial. A native Lupine that will cheer up your garden in late spring. The lavender blue and white flowers will fade to magenta as they mature. Grows from 2 - 4 feet high and loves the sun. Put it where the light colored flowers will stand out and where the pollinators and hummingbirds can find it!

### **Checkermallow**

#### **Sidalcea hendersonii – Henderson's Checkermallow**

Herbaceous perennial. Native dark pink flowered perennial - commonly found in wetland areas. Include in boggy parts of the garden or in pots where you can control the moisture levels. Loves sun. Can grow to 5 feet high when in flower. Flowers all summer long. Beautiful blended with other moist soil loving perennials. Attractive to bees, butterflies and other beneficial insects. **New for 2020!**

#### **Sidalcea oregana – Oregon Checkermallow**

Herbaceous perennial. Another northwest native sure to fire up the ante on your pollinator and beneficial insect garden. Tuck these into edible beds, your landscape or pot up on the patio. Grows in moist meadows or hillsides. Can even tolerate seasonal flooding. Tall flowering scape with delicate pink mallow flowers. Favorite of bumblebees. **New for 2020!**

## **China Aster**

### ***Callistephus chinensis***

Annual. China Asters are easy to grow and add a peony like flower to the garden in late summer after the peonies have died back. This mix is a uniform size and a lovely mix of colors from all spectrums! Grows to 2 1/2 feet tall. Good for a cut flower. Plant into your vegetable garden as a lovely pollinator attractor. **New for 2020!**

## **Coast Gumweed**

### ***Grindelia integrifolia***

Perennial. This native little gem is found in wet meadows and coastal hillsides throughout the west coast. Adapted to our dry summer, drought tolerant once established. Blooming in summer, the bright yellow flowers are sported on grey green shrubby growth each year. Bees love them!

## **Common Madia**

### ***Madia elegans***

Annual. Long blooming - from mid summer to fall! A member of the daisy family the blooms are 2 inches across with multiple bright yellow ray flowers with mahogany edges at the center of the flower. These four foot tall beauties can be combine with tall Cosmos and other bright summer annuals for a spectacular pollinator flower bed. **New for 2020!**

## **Cosmos**

### **Double Click Mix**

Annual. A great mix of double and single flowers in shades of pink to carmine and white. Keep dead flowers trimmed out to get continuous bloom. Grows to 4 feet in height with a 1 1/2 foot spread. Great for adding to perennial gardens or for tucking into spaces around your fruiting vegetable plants for pollinator attraction. Lovely cut flower too. **New for 2020!**

## **Xanthos**

Annual. Dwarf two foot plants are covered in soft yellow blooms with darker centers and pale yellow edges. Striking as a cut flower but leave some for the pollinators too. Pinch the tips when first setting out and before flowers appear to encourage branching. Keep dead flowers trimmed out for continuous bloom. Cosmos will self sow. The flowers are also edible - use as a colorful addition to topping a salad or on deviled eggs. **New for 2020!**

## **Early Blue Violet**

### ***Viola adunca***

Perennial violet, native to meadows and forests in the west. Grows low and compact, spreading by rhizome and seed to carpet native woodland areas. Mix into shrub borders or rain garden edges - likes damp soil. Very visible to bees, flowering in mid-spring. Edible as well as has medicinal value. **New for 2020!**

## **Echinacea**

### **White Swan**

Herbaceous perennial. Grows to 3' high and 2' wide. A must for any garden, this herbaceous perennial puts on a showy display of unusual, white daisy-like flowers July - October. Attracts bees, butterflies, and other beneficial insects. Drought tolerant and disease resistant.

### **Purple Cone**

Herbaceous perennial. Grows to 3' high and 2' wide. A must for any garden, this herbaceous perennial puts on a showy display of purple daisy-like flowers July - October. Attracts bees, butterflies, and other beneficial insects. Drought tolerant and disease resistant.

## **Magnus**

Herbaceous perennial. This flowering perennial is a stunner! The flowers are almost neon pink and fade to light pink near the end of the petals. The seed head is a fuzzy, rust-colored cone. Once established this plant is very low maintenance in full sun. Remove spent blooms until the end of August then leave them for the birds to harvest! 3' tall and 18" wide.

## **Farewell to Spring**

### **Clarkia amoena**

Annual. Native to western North America. Also known as Godetia. Swaths of this pin or purple and white beauty bathe mountainsides in late spring and early summer in mountain meadows. In your own garden include this gem in your flower beds or tuck into pots along with late flowering spring bulbs. Allow the seed heads to mature and spread into your landscape for a naturalized effect. **New for 2020!**

## **Globe Gilia**

### **Gilia capitata**

Annual. The sun loving lavender blue flower is a favorite of butterflies. Blooming over a few months it also attracts native bees. The flowers are scented and held over lacy rich green foliage - attractive in your perennial border or in pots on your sunny porch. Grows to 15 inches tall and 12 inches wide. Leave seed heads to self sow and naturalize into your garden. Combine with Clarkia and other self sowing annuals in a wilder section of your garden. **New for 2020!**

## **Licorice**

### **Glycyrrhiza glabra**

Tender perennial. Licorice grows into a tall shrub in the garden - reaching 4 feet in height. Place it where you can enjoy its beautiful compound leaves and lavender-blue flowers. To harvest the roots allow it to establish well first and then once there is a good root clump the roots are harvested in the fall. Prefers full sun and rich, well drained soils. **New for 2020!**

## **Sage**

### **Pineapple**

Tender evergreen perennial Sun, well-drained soil, mulch in winter. This showy sage is laden with beautiful scarlet flowers in the fall that attract hummingbirds. The velvety green leaves give off a distinct pineapple scent when rubbed. Ht 2ft - 3ft.

## **Tangerine**

Tender evergreen perennial Delicious tangerine-scented fuzzy green leaves grow on this upright plant. Similar in growth habit to pineapple sage. Full sun, tender perennial.

## **Sea Blush**

### **Plectritis congesta**

Annual. Native to the forests and coasts of the Pacific Northwest, Sea Blush is a tough annual that can tolerate both shade and partial sun. Pink blooms cover the plant in late spring and if left to form seed capsules will self seed readily in your garden. In a garden setting where it is pampered a bit it can reach 2 feet in height. In coastal areas where it is more rugged expect a lower growing plant. **New for 2020!**

## **Showy Fleabane**

### **Erigeron speciosus**

Herbaceous perennial. These showy little plants steal the show in mid-summer when their vibrant lavender flowers with yellow centers are in full bloom. Long flower stems over small plants fit in well in any landscape as well as your edible garden. Self sowing, look for more next year. Very attractive to butterflies, bees and birds. **New for 2020!**

## **Yarrow**

### **Achillea millefolium**

Evergreen perennial. Creeping herb with feathery leaves and white flowers held in an umbel over the foliage. Pungent fragrance can aid as an insect repellent. The flowers are especially attractive to parasitoid wasps, lady beetles and hoverflies which will make short work of the bad bugs in your garden. Also attractive to foraging bees, aiding in pollination of your fruiting plants. Place in a sunny spot with good drainage and do not over-fertilize.