

Tilth Alliance's COVID-19 Safety Plan for Summer Camps



Tilth Alliance is committed to ensuring the health and safety of all employees and program participants as our nation deals with the COVID-19 crisis. In order to ensure the safe operation of our programs, careful consideration has been given to screening/infection prevention, handwashing/sanitization practices, social distancing, and communications/training. The following protocols have been adopted and will be strictly followed during all hours of program operation.

Screening

All staff of Tilth Alliance Summer Camps have been notified of the common symptoms of COVID 19 and have been encouraged to actively monitor their own health.

Common symptoms of COVID-19 include:

- Cough
- Shortness of breath
- Fever above 100.4
- Sore throat
- Muscle aches
- Loss of sense of taste and/or smell
- Persistent headache
- Chills
- Unusual fatigue
- Nausea/diarrhea/vomiting
- Congestion/runny nose – not related to seasonal allergies

Checklists/Temperature Checks

Each morning Tilth Alliance camp staff arriving at RBUFV will be given a checklist of COVID 19 symptoms and will be required to review that they are not experiencing these symptoms. They will sign the bottom of the checklist and submit it to the Youth and Families Project Manager. In addition, staff will conduct their own symptom/temperature check each morning.

At the beginning of each camp week, parents/guardians of campers will be given a checklist of symptoms associated with COVID 19 and will be asked to review it with their children each day to ensure they are not experiencing these symptoms. We will also be asking all parents/guardians to conduct a temperature check of their child(ren) at home each morning; if they do not have a thermometer available to do so, Tilth Alliance staff will provide a symptom/temperature check during sign-in.

Health Monitoring Onsite

Tilth Alliance camp staff and campers will be encouraged to monitor their own health while at the Rainier Beach Urban Farm and Wetlands. If an employee reports feeling any of the symptoms associated with COVID 19, they will be immediately removed from the group and asked to leave the site. If a camp participant reports feeling any of the symptoms, a staff-member will remove this child from the group individually and contact the parent/guardian for them to be picked up.

- If a camp participant or staff-member has developed symptoms of COVID-19 or has been in close contact with someone who has developed symptoms, the following procedures will take place:
 - o The camp participant will be removed from the group (under supervision). A parent/guardian will be contacted to pick up their camper.
 - o All members of the camp group, including staff, will be asked to self-quarantine for a minimum of 14 days.
 - o Any areas or equipment used by the participant will be cleaned and disinfected.
 - o Before returning to camp, the participant or staff member must have experienced at least 3 days without symptoms. In addition, at least 10 days must have passed before the first sign of symptoms.

Handwashing/Sanitization Practices

Handwashing

Tilth Alliance will ask camp staff and campers to wash hands for 20 seconds with soap and hot water regularly throughout the day and prior to arriving on site. When staff and campers arrive on site, they will be asked to thoroughly wash their hands or apply a hand sanitizer before engaging in the program. Following each activity at camp, campers and staff will wash hands (approximately once per hour).

Sanitizing

Any surfaces touched by camp staff or campers – such as door handles, picnic tables, kitchen countertops, etc. – will be wiped down or sprayed with a disinfectant before and after use. One staff-member per day will be assigned the role of regularly wiping down or spraying surfaces, and this employee will be regularly supervised by the Youth and Families Project Manager.

In addition, all surfaces that camp staff or campers may come into contact with will be regularly sanitized regardless of their use on a particular day. A different staff-member, also monitored by the Youth and Families Project Manager, will be responsible for these regularly scheduled cleanings.

Social Distancing

Maintaining proper social distancing is essential to containing the spread of COVID 19. A number of measures will be taken to ensure that everyone on site remains 6 feet apart at all times.

Small Group Sizes

Camp groups will be split into mini groups of 5 participants maximum. Siblings will be kept in the same mini groups in order to minimize exposure from outside the household.

Mini groups will participate in activities separately and will never be physically close to each other. Mini groups will not share any equipment.

Minimizing Contact

For activities requiring supplementary equipment, such as garden gloves, shovels, forks, etc., every attempt will be made to ensure that camp participants are assigned their own equipment for the entirety of the camp week. These items will be labelled with the camper's name for the duration of the camp week. Any equipment that is shared will be sanitized before and after use.

Parents/guardians of campers will be asked to send them to camp with their own garden gloves in order maximize separation of equipment and minimize contact. Tilth Alliance will also ask that parents/guardians bring their own pens to sign campers in at the beginning of each day.

Gathering Spaces/Markers

During communal gathering times, such as Morning Meeting, Storytime, and Lunch, colored tape or other markers will be placed to show participants how far apart they should be sitting from each other.

Personal Protective Equipment

All camp staff will be required to wear Personal Protective Equipment (PPE) such as a cloth facial mask during program hours. Tilth Alliance will ask camp staff to supply their own PPE, but extra supplies will be available as back-up.

We also ask that parents/guardians pack a face mask for their child to bring to camp. A [recent state order](#) requires that all individuals ages 5 and older wear a face mask when indoors or when social distancing is not able to be maintained in an outdoor setting. The order also highly encourages the same set of guidelines for children ages 3-5 who are able to wear a mask. While our camp takes place almost exclusively outdoors and we will be social distancing as much as possible, there may be times when the instructors ask the campers to put on their masks if social distancing is not being observed or if there is ever a moment when they need to be indoors.

When wearing facial masks, camp staff will be instructed to avoid touching them and will be reminded to regularly wash all PPE.

Parents/guardians of campers will be asked to wear a mask when signing their campers in and out.

Respiratory etiquette, such as covering the mouth with the elbow when sneezing, will be encouraged and reviewed regularly. All campers will be reminded regularly to avoid touching their face, mouth, and eyes with their hands.

Communications and Training

Communications

A summary of COVID 19 safety policies and requirements will be sent electronically to all camp families in advance of their camp week. All policies will also be posted on the Tilth Alliance website and social media pages. Lastly, signs will be hung around the camp site to remind staff, families, and campers of policies during the camp day. Camp participants not following policies will be reminded verbally to do so; continued negligence of COVID 19 policies may be grounds for dismissal from camp with no refund at the discretion of the Youth and Families Project Manager and Executive Director.

Training

Following approval and feedback from the Executive Director, the Youth and Families Project Manager will provide a COVID 19 training to all camp staff prior to the program's start date. COVID 19 safety policies will be regularly reviewed at camp staff meetings. Any policy updates will be promptly communicated to camp participants and staff.