Tilth Alliance’s COVID-19 Safety Plan for Children’s Programs

Tilth Alliance is committed to ensuring the health and safety of all employees and program participants as our nation deals with the COVID-19 crisis. In order to ensure the safe operation of our programs, careful consideration has been given to screening/infection prevention, handwashing/sanitization practices, social distancing, and communications/training. The following protocols have been adopted based on the Washington DOH guidance and will be strictly followed during all hours of program operation.

Screening

All staff of Tilth Alliance Youth and Families Programs have been notified of the common symptoms of COVID 19 and have been encouraged to actively monitor their own health.

Common symptoms of COVID-19 include:

- Cough
- Shortness of breath
- Fever above 100.4 or chills
- Sore throat
- Muscle aches
- Loss of sense of taste and/or smell
- Persistent headache
- Unusual fatigue
- Nausea/diarrhea/vomiting
- Congestion/runny nose – not related to seasonal allergies

Checklists/Temperature Checks

Each morning, Tilth Alliance Youth and Families Program staff will be given a checklist of COVID 19 symptoms and will be required to review that they are not experiencing these symptoms. They will sign the bottom of the checklist and submit it to the supervisor. In addition, staff will conduct their own symptom/temperature check each morning.

At the beginning of each program session, parents/guardians will be given a checklist of symptoms associated with COVID 19 and will be asked to review it with their child(ren) each day to ensure they are not experiencing these symptoms. We will also be asking all parents/guardians to conduct a temperature check of their child(ren) at home each morning; if they do not have thermometer available to do so, Tilth Alliance staff will provide a symptom/temperature check during sign-in.
COVID-19 Symptom Check Form

Please indicate whether your child is experiencing any of the following symptoms.

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever of 100.4 or above</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Cough</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Muscle aches</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Loss of sense of taste and/or smell</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Persistent headache</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Nausea/diarrhea/vomiting</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Congestion/stuffy nose – not related to seasonal allergies</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

Please list your child’s temperature: __________

List any other symptoms (please describe):

_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

☐ I understand that it is necessary to keep my child at home if they are experiencing any of the listed symptoms above in order to help contain the spread of COVID-19.

Camper’s name: ________________________________________________

Parent/guardian name: _________________________________________

Parent/guardian signature: ____________________________________
Health Monitoring Onsite

Tilth Alliance staff and program participants will be encouraged to monitor their own health. If an employee reports feeling any of the symptoms associated with COVID 19, they will immediately remove themselves from the group and leave the site. If a participant reports feeling any of the symptoms, a staff-member will remove this child from the group individually and contact the parent/guardian for them to be picked up.

- If a class participant or staff-member has developed symptoms of COVID-19 or has been in close contact with someone who has developed symptoms, the following procedures will take place:
  
  o The participant will be removed from the group (under supervision). A parent/guardian will be contacted to pick up their camper.
  o Any areas or equipment used by the participant will be cleaned and disinfected.
  o Other program participants will be kept physically distant from any areas or equipment used by the student who developed symptoms.
  o Parents/guardians of other participants will be immediately notified of the situation.
  o The participant will not return to the program until a negative Covid-19 test has been confirmed and at least 24 hours have passed without symptoms. A refund will be provided for any days missed due to illness.

Handwashing/Sanitization Practices

Handwashing

Tilth Alliance will ask staff and participants to wash hands for 20 seconds with soap and hot water regularly throughout the day and prior to arriving on site. When staff and children arrive on site, they will be asked to thoroughly wash their hands or apply a hand sanitizer before engaging in the program. Following each activity, participants and staff will wash hands (approximately once per hour).

Sanitizing

Any surfaces touched by staff or participants – such as door handles, picnic tables, kitchen countertops, etc. – will be wiped down or sprayed with a disinfectant before and after use. One staff-member per day will be assigned the role of regularly wiping down or spraying surfaces.

In addition, all surfaces that staff or participants may come into contact with will be regularly sanitized regardless of their use on a particular day. A different staff-member will be responsible for these regularly scheduled cleanings.
Social Distancing

Maintaining proper social distancing is essential to containing the spread of COVID 19. A number of measures will be taken to ensure that everyone on site remains 6 feet apart at all times.

All-Outdoor Programming

All Tilth Alliance summer camps and other Youth and Families programs will be held entirely outdoors, with exception of bathroom breaks. Research has shown that Covid-19 transmission is significantly lower in outdoor settings.

Small Group Sizes

Participants will be placed in small groups of 8 participants maximum. Siblings will be kept in the same mini groups in order to minimize exposure from outside the household.

Groups will participate in activities separately and will never be physically close to each other. Groups will not share any equipment.

Minimizing Contact

For activities requiring supplementary equipment, such as garden gloves, shovels, forks, etc., every attempt will be made to ensure that participants are assigned their own equipment for the entirety of the camp week. These items will be labelled with the child’s name for the duration of the camp week. Any equipment that is shared will be sanitized before and after use.

Parents/guardians will be asked to send their children to class with their own garden gloves if they have them in order maximize separation of equipment and minimize contact. Items such as pens used for signing in and out will be regularly disinfected.

Gathering Spaces/Markers

During communal gathering times, such as Morning Meeting, Storytime, and Lunch, chairs and/or sit spots will be placed at minimum six feet apart.

Personal Protective Equipment

All Youth and Families program staff and participants will be required to wear a mask during program hours. Tilth Alliance will ask staff to supply their own PPE, but extra supplies will be available as back-up.

Washington’s mask mandate requires that all individuals ages 5 and older wear a face mask when indoors or when social distancing is not able to be maintained in an outdoor setting. The order also highly encourages the same set of guidelines for children ages 3-5 who are able to wear a mask. While our program takes place exclusively outdoors and we will be social distancing as much as possible, wearing a mask is necessary to reduce the spread of Covid-19.

When wearing facial masks, staff will be instructed to avoid touching them and will be reminded to regularly wash all PPE.
Parents/guardians of campers will be asked to wear a mask when signing their children in and out.

Respiratory etiquette, such as covering the mouth with the elbow when sneezing, will be encouraged and reviewed regularly. All participants will be reminded regularly to avoid touching their face, mouth, and eyes with their hands.

**Communications and Training**

**Communications**

A summary of COVID-19 safety policies and requirements will be sent electronically to all participating families in advance of the program session. All policies will also be posted on the Tilth Alliance website and social media pages. Lastly, signs will be hung around the program site to remind staff, families, and campers of policies during the camp day. Participants not following policies will be reminded verbally to do so; continued negligence of COVID-19 policies may be grounds for dismissal from the program with no refund at the discretion of the Youth and Families Project Manager and Executive Director.

**Training**

Following approval and feedback from the Executive Director, the Youth and Families Project Manager will provide a COVID-19 training to all Youth and Families staff prior to the program’s start date. COVID-19 safety policies will be regularly reviewed at staff meetings. Any policy updates will be promptly communicated to participants and staff.