

Welcome to the CKNW Coalition



About Us

The CKNW coalition serves to promote collaboration and networking among the various food education programs in the greater Seattle area, sharing resources to increase the success of all our programs. By working together, we gain strength and momentum in the food movement towards an equitable and sustainable food system. We are open to any interested individuals or organizations that are educating the community about food.

- **Community Kitchens NW Member Benefits**
- Quarterly coalition meetings that provide networking and relevant topic discussions
- Skill building workshops
- Services at wholesale cost – knife sharpening
- Access to tool library
- Technical support
- Volunteer placement upon request

Annual Cost

\$50 per site
\$20 low income

CKNW value the following and ask coalition members to adhere to these values to the best of their ability:

- Scratch cooking, simple recipes easily translatable to home cooking
- Participants are involved in meal planning and preparation
- Leadership opportunities are promoted for participants
- Incorporate cooking skills and nutrition information in experiential learning environment
- Wherever possible source local, seasonal, sustainable produced food
- Meals built around seasonal produce
- Proper food safety