



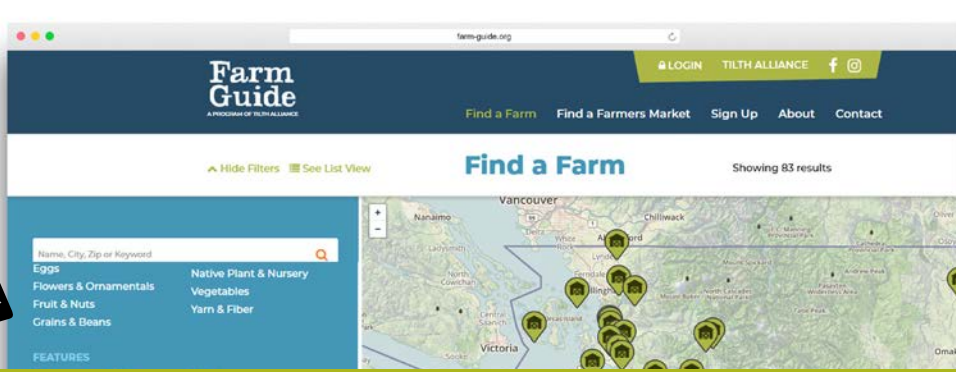
# Join us for a Farm Walk!

“Ecological Soil Management for  
Organic Grain Production”

Thu., June 13 — Bluebird Grain Farms, Winthrop



Food Systems  
WASHINGTON STATE UNIVERSITY



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## TILTH CONFERENCE

*Growing a Resilient Future: Production & Beyond*  
November 8-10 • Yakima, WA

Farmers, researchers and food system professionals are encouraged to propose topics for lectures, hands-on workshops or panel discussions!

Submit proposals by July 8:

<http://bit.ly/2JeS7pw>

*Registration coming soon.*



### Questions?

Contact Erin Murphy  
[erinmurphy@tilthalliance.org](mailto:erinmurphy@tilthalliance.org)

WSU Food Systems Program and Tilth Alliance have been collaboratively presenting the Farm Walk series for 16 years! These farmer-to-farmer educational events are hosted by organic, sustainable, and innovative farms throughout Washington State. We reach over 450 attendees each year seeking education, advice, and mentorship from experienced farmers, agricultural professionals, and WSU researchers and specialists. Held throughout the growing season in geographically disperse areas of the state, the unique expertise developed by established growers and researchers is shared experientially through guided question-and-answer sessions.



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## Farm Walk 2019 - Get on the Farm!

### **Spoon Full Farm - Loyal to Soil: Regenerative No-Till Practices**

Monday, July 8; noon-4 p.m.  
Thorp, WA

### **Lazy R Ranch & LINC Foods - Holistic Management, from Slaughter to Distribution**

Monday, July 29; 8-1p.m.  
Cheney/Spokane, WA

### **Viva Farms Berry Growers:**

**Arado Farm, Silva Family Farm, Regino's Farm, Pure Nelida Organic Produce, Farias Farm, and Cabrera Farms**

### **Innovations in Strawberry, Raspberry and Blackberry Production**

*Innovaciones en la producción de fresas, moras, y moras negras*

Monday, Aug. 12; 3-7 p.m.  
Mount Vernon, WA

*¡Un evento completamente bilingüe  
con traducción al español!*

### **Lost Peacock Creamery - Lessons Learned from a Veteran, Female Farmer**

Monday, September 9; noon-4 p.m.  
Olympia, WA

### **Royal Produce**

Sept/Oct TBD  
Wenatchee, WA



Bluebird Grain Farms is a certified-organic grain farm located on 140 acres in the Methow Valley. Since 2005, Sam and Brooke Lucy, their two daughters, and small team have run the family business growing ancient grains such as Einkorn, Emmer, rye, hard red wheat, and hard white wheat. They have their own granary where they mill their grains to order, producing “plow-to-package” grain for individuals, bakeries, restaurants, and grocery stores up and down the west coast, as well as a growing national market for Emmer and Einkorn. They also sell their whole grains, flours, and dry product blends through an online shop on their website and run a CSA.

Overseeing the entire life of the grain, from the time the seeds are planted in the fields to when the grain is packaged into the recognizable Bluebird Grain Farms package, allows Bluebird to have complete quality control to ensure they are providing the freshest and most delicious products available. Recently, Bluebird has begun working with other organic growers in Washington State as contract growers under their organic systems. As farmers, Sam and Brooke recognize that their role as stewards of the land and are dedicated to practicing organic and sustainable methods to ensure the land will continue to thrive for future generations.



# RESOURCES...

- Organic Small Grain Production in the Inland PNW: A collection of Case Studies: <http://cru.cahe.wsu.edu/CEPublications/PNW683/PNW683.pdf>
- Cover Cropping and Companion Cropping for the Inland Northwest: An Initial Feasibility Study: <http://cru.cahe.wsu.edu/CEPublications/TB59E/TB59E.pdf>
- WSU Wheat/Small Grains Organic Production Website: <http://smallgrains.wsu.edu/organic-production/>
- WSU Wheat/Small Grains Organic Bulletin Board: <http://smallgrains.wsu.edu/organic-grain-sales-bulletin-board/>
- Organic Grain Production Video Series: <https://www.southernsare.org/Educational-Resources/SARE-Project-Products/Videos/Organic-Grain-Production-Video-Series>
- SARE - Organic Crop Rotation Planning Manual: <https://www.sare.org/Learning-Center/Books/Crop-Rotation-on-Organic-Farms>
- AG Update Article - "Organic Grain Production; risk and opportunities": [https://www.agupdate.com/crops/organic-grain-take-big-risks-for-big-prices/article\\_0a-fa9395-7c1d-5eae-a81f-179764f29ff9.html](https://www.agupdate.com/crops/organic-grain-take-big-risks-for-big-prices/article_0a-fa9395-7c1d-5eae-a81f-179764f29ff9.html)
- Organic Statistics for Washington State: <http://tfrec.cahnrs.wsu.edu/organicag/organic-statistics/>
- Organic Trade Association Article - "US Needs to Grow More Organic Grain": <https://ota.com/news/press-releases/20493>

## Want to Search for More?

WSU Publications: <https://pubs.wsu.edu>

WSU Extension: <https://extension.wsu.edu>



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## THE FOOD SYSTEMS TEAM

Is a committed group of WSU faculty, staff, and partners. Together they promote research, implement change, and provide unparalleled educational opportunities for farmers, communities, and consumers.



The WSU Food Systems Program supports thriving Washington farms, ecosystems, and food economies to provide communities with equitable access to healthy, sustainable, and regionally produced foods.



SUSTAINABLE FARMING PRACTICES



EQUITABLE ACCESS



ENERGY & WASTE REDUCTION



PROCESSING & DISTRIBUTION



POLICY & REGULATION



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